

TECHNICAL BULLETIN

#10



October, 2004

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PURPOSE

The purpose of this Bulletin is twofold. First it is designed to serve as an advisory with respect to competitive and program issues specifically for athletes and coaches. It is also the purpose of the Bulletin to provide, in a timely manner, information concerning Technical Committee decisions to all concerned, in particular to those who are responsible for the conduct of competitions. Decision noted in previous Bulletins remain in effect except to the extent that they have been superseded in a later Bulletin

The Bulletin is also posted on the OSSA's website at www.speedskatingontario.org.

A. Competitions

I. COMPETITION REGULATIONS

Noted below are specific amendments to the Competition Regulations adopted by the Ontario Annual General Meeting. The Regulations may be found in the OSSA Information Manual. Officials, in particular meet co-ordinators and referees, coaches and athletes should take note of these changes.

Article B5.05 - OSSA Sanctioned Competitions:

The provision has been amended such that that the deadline for the submission of entries to any OSSA sanctioned competition is the Wednesday in the week preceding the competition rather than the Friday.

Clubs are also reminded that submission of entries to the organisers of an OSSA sanctioned competition must be on a per Club basis. Entries from individuals will not be accepted. The Club Registration Form can be found on the website under Competition Information.

Clubs are also reminded to ensure that athletes who wish to participate in OSSA sanctioned competitions comply with Article B4 of the Competitions Regulations.

II. SSC Rule Change.

The following rules have been amended. The left column denotes the page number on which the rule may be found in the 2004-2005 SSC Procedures and Regulations Manual (RED Book).

K30	K3-103	Age Classes for Canadian Champ.
K34	K7-100	Movement from one Age Class to Another
K43	K47-102	Program (Short Track Mass Start)
K45	K48-100	Marathon Skating Events
N50	N4-101a)	Special Rules for ST Competitions
N52	N4-108	Special Rules for ST Competitions
U56	U1-101e)	Records

III. ISU Rule Changes

Noted below are several changes with respect to the ISU rules.

Short Track Rules

Rule 293.1 d) Lapped skaters. If a skater is lapped twice, that skater shall leave the race unless “*there are one or more skaters very close to his current position. Skaters who have left the race on the basis of this rule shall be recorded as not finished (DNF). If the Referee, at his discretion, feels that the skater was prevented from finishing due to reasons beyond the skater’s control, then the Referee may declare the skater having reached the finish but no time shall be recorded.*”

The preceding gives the referee authority, at his discretion, to declare that a skater whom he has withdrawn from the race for having been lapped twice has finished, and is therefore entitled to be ranked ahead of others who did not finish or were disqualified.

Rule 294 4 c) d) e) h) Starting Procedure.

Changes have been made to all the subparagraphs indicated. The substance of each is the same: to direct that *whenever a race is stopped, either because of interference and fall before the apex block or because of a false start or other starting irregularity, the start procedure will begin again from scratch. That is to say that the skaters will return to “the start area” and the starter will give the commands again, beginning with “Go to the start”.*

Interpretations and Clarification of New and Existing Rules

Rule 292.5 h) Advancement. The clarification issued emphasized three points:

1. that *the skater must have been in a qualifying position* in order to be considered for advancement;
2. that *the skater must finish the race*, regardless of the reason, in order to be considered for advancement; and
3. that *in such case Rule 293.1 d)* regarding skaters who have been lapped twice *does not apply.*

292.13 a) Chief Finish Line Judge and Finish Line Judges. A clarification was issued pointing out that the finish line extends 1.5 meters inside the track, and that *skaters who finish more than 1.5 meters inside the track will be deemed to have not finished, unless the deviation was caused by interference from another skater.*

The decision, however, rests with the referee who, in order to decide, must have seen that the skater finished past the end of the finish line, and also been in a position to observe why.

Rule 282 d) Number of skaters at the Start Line. The rule in question states that “semi-final and final races of 500m and 1000m and quarter finals of 500m shall have up to 4 skaters participating. For the 1500m distance there shall be up to 6 skaters participating.”

The following ruling was issued following a request for clarification:

1. The rule concerns “drawn” (or seeded) skaters and does not cover advanced skaters,

2. Advanced skaters have equal access to the start line as “drawn” ones, and are included in the random draw for starting positions,
3. Further, there is only one start line. If a skater chooses to start behind the others, he may do so. However, a skater may not be instructed by the Starter to start behind the others.

There exists a Canadian rule that mentions a “first start line” which will undoubtedly cause confusion, especially since some people perceive a “safety” issue on this subject. The rule nonetheless does not mention a “second start line”, it does not state where that line might be. There is also no mention of which skaters would use that “second start line”, and no such line is drawn on the ice (official track markings don’t include provisions for additional start lines).

All this leaves the ISU interpretation as the only viable, and fair, option

IV. Submission of Entries

FPVQ Competitions:

In order to ensure compliance with the requirements for entry, all applications for entry must be submitted to the OSSA Office. The Office will then submit to the meet organisers those entries that meet the established criteria for participation in the competition. As in other instances, entries will only be accepted by OSSA on a per Club basis and **not** from individuals.

The Office requires that all requests for entry must be received in the Office from Clubs with athletes wishing to participate not later than **14 days** prior to the competition.

B. Selection Standards/Selection Criteria

Changes to the Criteria are highlighted in bold in the **Annex E** of this Bulletin.

Noted below are details with respect to other decisions of the Technical Committee concerning selection and performance standards and criteria.

Provincial Short Track Championships:

In order to participate in the Provincial Championships, athletes must have participated in at least two (2) Provincial Stream age class competitions in the current season.

The Competitions in question are the three (3) Ontario Cup Age Class events. Athletes may count participation in an FPVQ Elite or Competitive level competition, if, due to conflicts in the timing of the events; they are unable to participate in an the Ontario Cup event. Athletes must make the Technical Committee aware that will have such a potential conflict, at least 30 days prior to the competition in order that the Committee may deal with the matter and advise the athlete.

The published standard, attached as **Annex A**, uses the **total seconds** of the times for the two (2) shortest distances except for the Junior Category which is based on the 500M and 1000M distances. This latter exception has been adopted because certain Juniors who

skate in the Open category during the season in Ontario competitions may not have the opportunity to skate the appropriate Junior distances otherwise.

The performance standards and the selection criteria can be found at www.speedskatingontario.org.

2004-05 Canadian and North American Short Track Championships:

The specific time performance standards are attached as **Annex B** to this Bulletin. They may be found in **Annex E**. For both Championships the qualifying standard is set at 115%. Both the performance standards and the selection criteria can be found at www.speedskatingontario.org.

2004-05 Canadian and North American Long Track Championships:

The specific time performance standards are attached as **Annex C** to this Bulletin. For both Championships the qualifying standard is set at 115%. The specific selection criteria may found in **Annex E**. Both the performance standards and the selection criteria can be found at www.speedskatingontario.org.

2004-05 Senior Age Class Short Track Time Standards

Those athletes who do not meet the time standard for participation in the Open A division will be placed in the Open B division. This will ensure that all concerned have positive and safe racing experiences.

The published standards and criteria are attached as **Annex D** and may also be found at www.speedskatingontario.org.

C. Team Ontario 2004/2005

Purpose

- To highlight skaters' achievements and to enhance their identification as Ontario athletes and proud representatives of OSSA.
- To ensure that athletes who have achieved Sports Canada cards and who have yet to make a National Team continue to be recognised by the Association and to receive its support and assistance
- To provide support and assistance to Ontario athletes who have demonstrated an ability to meet high performance standards at their level. OSSA will deliver this support through the provision of programmes and other appropriate means

Selection Criteria for the 2005-2006 Teams are contained in the Annex E –Team Selection Criteria.

Composition

Ontario athletes who have attained:

- Sport Canada Cardholder status who have yet to achieve a national team position;
- Provincial Training Team Membership; and,

- Ontario Development Team Membership

Program

A. Provincial Training Team and Sport Canada Card Holders:

OSSA Commitments

1. For ranking competitions registration fees will be paid by OSSA.
2. Card Holders and Provincial Training Team Members are entitled to receive free attendance to all Regional Training Centre – Ontario camps & activities plus free attendance to all designated OSSA sponsored dry land training camps & skating camps.

3. **COACHING SERVICES**

Coaching at Ranking Competitions will be provided by OSSA at all ranking competitions. Coaching is available to Team members to ensure that their interests are protected. Athletes having carded status and/or skating out of a National Training Centre should indicate their requirement for coaching assistance at Ranking Events.

OSSA pays for coaching services provided by a National Training Centre for Provincial Training Team members who relocate to the Training Centre.

4. **TRAVEL SUPPORT**

Provincial Training Team members are entitled to claim 100% of travel expenses and entry fees to all National ranking events within their discipline.

ATHLETE OBLIGATIONS

1. While in the Province, Provincial Training Team members must attend all designated Regional Training Centre – Ontario and OSSA sponsored dry land and ice training camps and participate in all other designated programs designed to prepare athletes for the Canada Winter games and other selection processes;
2. Members must attend and participate at National Ranking Events;
3. Members must attend the Provincial Championships when they are in the Province.

B. Ontario Development Team

OSSA Commitments

1. **TRAINING CAMP FEES**

OSSA will cover the registration fees for all Regional Training Centre – Ontario and OSSA sponsored dry land camps for all Ontario Development Team members.

2. **ON ICE SKATING CAMP FEES**

OSSA will cover 50% of the registration fee for all designated Regional Training Centre – Ontario and OSSA sponsored on ice skating camps.

2. REGISTRATION FEES AT RANKING COMPETITIONS

Team members who are eligible to compete at national and ranking competitions will have their registration fees paid by OSSA in accordance with attainment of the OSSA's selection criteria.

Athlete Obligations

1. Ontario Development Team members are required to attend Provincial Championships; and
2. To attend all designated Regional Training Centre – Ontario and OSSA sponsored dry land and ice training camps and to participate in all other designated programs designed to prepare athletes for the Canada Winter Games and other selection processes.

TEAM ONTARIO:

PROVINCIAL TRAINING TEAM

Short Track	Long Track
Nicolas Bean -Gloucester	Jeff Moir - Oakville
Tyson Heung - Brampton	Cailean Duggan - Gloucester
Richard Shoebridge - Cambridge	Lauren Wetzel –Gloucester
Elizabeth Dier - Cambridge	Christine Nesbitt - London
Rachel Simmons - Cambridge	Adam McCabe - Cambridge

ONTARIO DEVELOPMENT TEAM

Pascal Franche	Gloucester
Fraser Stinson	Cambridge
Dustin Miler	Cambridge
Tom Hanham	Brampton
Ben Young	Quinte
Tom Dudley	Quinte
David Evans	Cambridge
Sarah Renna	Cambridge

Brock Anderson	Gloucester
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CANADA WINTER GAMES DEVELOPMENT TEAM (CWG DT)

IVANIE BLONDIN	Gloucester
DEANNA DREWLO	Quinte
BRAEDEN ELLIOTT	Gloucester
Brian Pye	Kingston
Andrew Sirio	Cambridge
Lauren McGuire	Ottawa
Patrick Marsh	Ottawa
MATTHEW RYAN	London
Mike Flavvell	Ottawa
Duncan Boyd	London
Kim Filteau	Gloucester
Hayley Roberts	Cambridge
Keri Morrison	Brampton
TARA MAC DONALD	Cambridge
AARON BEAUDOIN	Ottawa
Landon Zeeman	Cambridge
Lindsey Carson	Cambridge
Kristy Shoebridge	Cambridge
Madeline Martin	Ottawa
Jesse Huffman	Ottawa
North de Pencier	Ottawa
Stephanie Pikor	Ottawa
Jairus Maus	Cambridge

D Canada Winter Games

SSC has recently advised that details of the Technical Package for the next Winter Games in Yukon in 2007 have been approved. The highlights of the changed package are as follows:

- The Age range for eligibility will now mirror the ISU Junior category, i.e. competitors who have reached the age of 14 on June 30th, 2006 but have not reached the age of 19 on June 30th, 2006. The year of birth: July 1, 1987 to June 30, 1992 inclusive;
- Long track athletes quota will increase from 3 to 4;
- Two new events will be introduced into the long track competition. There will be a team pursuit and a 100m event;

- In addition our ability to support our athletes and coaches has been improved. An additional support person may now be sent so that we can now cover both short and long track venues in addition to the coaches.

E Photo-Finish/Electronic Timing

The system will be utilised at all Ontario Cup competitions and all Provincial Championships and at all selection competitions. This will be a condition of the issuance of a sanction.

Further details on the policy and logistics of the operation of this plan will be forthcoming in a later memorandum.

F National Regional Training Centre-Ontario

Speed Skating Canada (SSC) has established the Regional Training Centre (RTC) program as part of their systematic approach to long-term athlete development in an effort to increase the performance standard of the national team, as well as the national depth of field.

The RTC operates within the framework of the Long Term Athlete Development Model (LTADM) and preparation for a National Training Centre environment. The RTC concept has been developed by SSC in consultation with coaches and athletes to create a pathway to the national team as well as a mechanism to perform talent identification. The program is created to provide added value to the development of highly talented regional / provincial athletes.

RTC programs are supported by SSC and coordinated through the National Junior Coordinator. Centres may have a short or long track focus.

SSC has chosen to recognise an RTC in Ontario based in the Ottawa area. The Regional Training Centre-Ontario functions as an independent entity and is a partnership between SSC, OSSA, the Gloucester Concordes and the Ottawa Pacers Speed Skating Clubs. The Centre operates both short track and long track programs.

While situated in the Ottawa area, it is the intention of the Technical Committee to leverage the Centre's resources to provide support for our Team Ontario programs. Additional information on how the Centre will function and its programs will be announced shortly.

SCHEDULE I

ANNEX A

2004- 2005 Ontario Short Track Championships Standards

1. Skaters must also have participated in at least two Ontario Cup Events this season subject to the provisions noted earlier in the Bulletin.

PEEWEE	111		222	Total Seconds
Boys	24.00		47.00	71.00
Girls	25.00		49.00	74.00
BANTAM	222		333	Total Seconds
Boys	34.00		51.00	85.00
Girls	36.00		52.00	88.00
MIDGET	333		500	Total Seconds
Boys	42.00	1	5.00	107.00
Girls	45.00	1	7.00	112.00
JUVENILE	500		666	Total Seconds
Boys	55.00	1	15.00	130.00
Girls	59.00	1	19.00	138.00
JUNIOR	500		1000	Total Seconds
Men	53.00	1	55.00	168.00
Women	57.00	2	03.00	180.00
INTERMEDIATE	500		1000	Total Seconds
Men	49.00	1	41.00	150.00
Women	55.00	1	54.00	169.00
SENIOR	500		1000	Total Seconds
Men	49.00	1	41.00	150.00
Women	55.00	1	54.00	169.00
Masters 1	500		1000	Total Seconds
Men	55.00	1	55.00	170.00
Women	1.02.00	2	12.00	194.00
Masters 2	500		1000	Total Seconds
Men	57.00	2	01.00	178.00
Women	1.07.00	2	20.00	207.00
Masters 3	500		1000	Total Seconds
Men	1.03.00	2	16.00	199.00
Women	1.18.00	2	42.00	240.00
Masters 4	500		1000	Total Seconds
Men	1.12.00	2	30.00	222.00
Women	1.24.00	2	53.00	257.00

ANNEX B

2004-05 Canadian and North American Short Track Championships

TIME STANDARDS

MIDGET BOYS	333			500			666			777
National Record	32.31	48.38	1	5.26	1	17.35				
Can Qualifying Time	37.16	55.64	1	15.05	1	28.95				
N.A. Qualifying Time	37.16	55.64	1	15.05	1	28.95				
MIDGET GIRLS	333			500			666			777
National Record	33.5	49.35	1	6.79	1	18.73				
Can Qualifying Time	38.53	56.75	1	16.81	1	30.54				
N.A. Qualifying Time	38.53	56.75	1	16.81	1	30.54				
JUVENILE BOYS	500			666			777			1000
National Record	45.36	1	0.89	1	11.43	1	34.59			
Can Qualifying Time	52.16	1	10.02	1	22.14	1	48.78			
N.A. Qualifying Time	52.16	1	10.02	1	22.14	1	48.78			
JUVENILE GIRLS	500			666			777			1000
National Record	47.42	1	4.52	1	14.86	1	39.173			
Can Qualifying Time	54.53	1	14.20	1	26.09	1	54.05			
N.A. Qualifying Time	54.53	1	14.20	1	26.09	1	54.05			
JUNIOR MEN	500			777			1000			1500
National Record	44.05	1	9.93	1	31.6	2	21.29			
Can Qualifying Time	50.66	1	20.42	1	45.34	2	42.48			
N.A. Qualifying Time	50.66	1	20.42	1	45.34	2	42.48			
JUNIOR WOMEN	500			777			1000			1500
National Record	46.88	1	14.707	1	39.04	2	33.66			
Can Qualifying Time	53.91	1	25.91	1	53.90	2	56.71			
N.A. Qualifying Time	53.91	1	25.91	1	53.90	2	56.71			
INTERMEDIATE MEN	500			1000			1500			3000
National Record	43.415	1	31.29	2	22.11	5	3.64			
Can Qualifying Time	49.93	1	44.98	2	43.43	5	49.19			
N.A. Qualifying Time	49.93	1	44.98	2	43.43	5	49.19			
INTERMEDIATE WOMEN	500			1000			1500			3000
National Record	47.26	1	38.939	2	33.004	5	25.94			
Can Qualifying Time	54.35	1	53.78	2	55.95	6	14.83			
N.A. Qualifying Time	54.35	1	53.78	2	55.95	5	14.83			
SENIOR MEN	500			1000			1500			3000
National Record	41.184	1	24.85	2	10.71	4	34.27			
Can Qualifying Time	47.36	1	37.58	2	30.32	5	15.41			
N.A. Qualifying Time	47.36	1	37.58	2	30.32	5	15.41			
SENIOR WOMEN	500			1000			1500			3000
National Record	44.184	1	31.446	2	21.758	4	57.389			
Can Qualifying Time	50.81	1	45.16	2	43.02	5	42.00			
N.A. Qualifying Time	50.81	1	45.16	2	43.02	5	42.00			

ANNEX C

2004-05 Canadian and North American Long Track Championships

TIME STANDARDS

MIDGET BOYS	300	500	800	1000			
National Record	28.47	49.56	1	15.26	1	42.65	
Can Qualifying Time	32.74	56.99	1	26.55	1	58.05	
N.A. Qualifying Time	32.74	56.99	1	26.55	1	58.05	
MIDGET GIRLS	300	500	800	1000			
National Record	29.44	47.6	1	17.7	1	37.7	
Can Qualifying Time	33.86	54.74	1	29.36	1	52.36	
N.A. Qualifying Time	33.86	54.74	1	29.36	1	52.36	
JUVENILE BOYS	300	500	1000	1500			
National Record	26.24	41.36	1	26.38	2	19.54	
Can Qualifying Time	30.18	47.56	1	39.34	1	31.47	
N.A. Qualifying Time	30.18	47.56	1	39.34	1	31.47	
JUVENILE GIRLS	300	500	1000	1500			
National Record	27.72	44.44	1	31.04	2	35.63	
Can Qualifying Time	31.88	51.11	1	44.70	2	58.97	
N.A. Qualifying Time	31.88	51.11	1	44.70	2	58.97	
JUNIOR MEN	500	1000	1500	3000			
National Record	39.25	1	20.23	2	1.95	4	40.87
Can Qualifying Time	45.14	1	32.26	2	20.24	5	23.00
N.A. Qualifying Time	45.14	1	32.26	2	20.24	5	23.00
JUNIOR WOMEN	500	1000	1500	3000			
National Record	43.36	1	28.44	2	17.61	5	20.01
Can Qualifying Time	49.86	1	41.71	1	29.25	6	8.01
N.A. Qualifying Time	49.86	1	41.71	1	29.25	6	8.01
INTERMEDIATE MEN	500	1000	1500	3000			
National Record	39.74	1	21.6	2	10.21	4	34.14
Can Qualifying Time	45.70	1	33.84	2	29.74	5	15.26
N.A. Qualifying Time	45.70	1	33.84	2	29.74	5	15.26
INTERMEDIATE WOMEN	500	1000	1500	3000			
National Record	44.06	1	30.32	2	25.17	5	13.71
Can Qualifying Time	50.67	1	43.87	2	46.95	6	0.77
N.A. Qualifying Time	50.67	1	43.87	2	46.95	6	0.77
SENIOR MEN	500	1000	1500	3000			
National Record	40.05	1	21.77	2	9	4	28.03
Can Qualifying Time	46.06	1	34.04	1	28.35	5	8.23
N.A. Qualifying Time	46.06	1	34.04	1	28.35	5	8.23
SENIOR WOMEN	500	1000	1500	3000			
National Record	44	1	30.5	2	26.41	5	4.18
Can Qualifying Time	50.60	1	44.08	2	48.37	5	49.81
N.A. Qualifying Time	50.60	1	44.08	2	48.37	5	49.81

ANNEX D

2004-05 OSSA Senior Age Class Short Track Time Standards

In order to qualify to participate in the Open A racing division during the season, Senior and Intermediate Age Class skaters must have a current combined personal best time for the two shortest distances that are equal to or are faster than the standards noted below. The standards are the total in seconds of the skater's current personal best times for the two distances.

The times must be recorded from a sanctioned event held during the period 1 October 2003 to 18 October 2004 or from a sanctioned event held during the current season. Skaters wishing to compete in this Division may be required to submit a copy of the race results that provide evidence of this time standard having been achieved if the time is skated at an event not sanctioned by OSSA.

Senior and Intermediate Age Class skaters who do not meet the applicable standard will be placed in the Open B racing division.

Juniors wishing to skate in Open A must meet the time standard. Those Juniors not meeting the time standards must skate in their age category.

SENIOR	500	1000	Total Seconds
Men	48.00	1 41.00	149.00
Women	54.00	1 53.00	167.00

ANNEX E
TEAM SELECTION CRITERIA
2004-2005
SECTION 1
PREAMBLE

These guidelines outline the purpose and the selection processes for OSSA's athlete Development programs, the Provincial Training Team (PTT), and the Development Team Program (DTP). These criteria will be used to determine the Teams for the 2005-2006 skating season.

As well, the document provides the pertinent details relating to the selection processes for athletes attending Ranking events, National and North American Championship events, and Provincial Championships.

The Technical Committee is responsible for the management of the programs and selection processes. The Committee is also responsible for the establishment of and any revisions or exceptions to the applicable criteria and standards or program. Revisions to the standards and criteria or the applicable programs will be announced in OSSA's Technical Bulletin. Exceptions, revisions or amendments to the programs will be announced by the publication of a Technical Memorandum.

The following general principles will apply to the administration of each program:

- Double funding will not be provided to athletes for any event, i.e., PTT members at a PTT funded event will not receive DTP funds for the same event.
- Appeals with respect to any selection process will be submitted to the President of the Association in writing.
- The Technical Committee, unless otherwise noted, will break all ties.

SECTION 2
PROVINCIAL TRAINING TEAM

A PURPOSE:

To assist those eligible athletes who are closest to obtaining a Sport Canada card and who also display potential of qualifying for a National team position within three (3) years.

B SCOPE:

The Provincial Training Team (PTT) is an OSSA program whereby selected athletes receive assistance, in return for a commitment to maintain a defined training and competitive regime capable of leading them to a National team position. The specific

program requirements are announced annually to the athletes selected at the time an offer, to participate within the program, is made.

A minimum of five (5) Long Track and five (5) Short Track athletes will be named to the PTT. The Technical Committee may, subject to budgetary conditions, and in its absolute discretion, name additional athletes to the program.

C SELECTION:

- All Sport Canada cardholders will be removed from the National Ranking lists leaving athletes not carded with an absolute rank that indicates clearly which athletes are nearest to becoming carded by Sport Canada.
- The Short Track and Long Track National Ranking Lists will be merged using the best ranking on these lists for Ontario athletes.
- Those Ontario athletes nearest the top of the list in each discipline will be named to the PTT.
- If this process does not result in the naming of five (5) Long Track and five (5) Short Track athletes to the PTT, the following method will be used to fill the remaining positions:

1. LONG TRACK

The athletes best Olympic Style performances skated at an OSSA, Speed Skating Canada (SSC) or other provincially sanctioned event (not in Calgary) will be used to compute a sprint or all-round sammelagt point total which will be divided by the Canadian Senior record of the appropriate sex to arrive at a percentage to two (2) decimal points; truncated not rounded. Athletes with the lowest percentage will be offered a position on the Long Track PTT in order of ranking.

2. SHORT TRACK

The athletes best 500 metre and 1000 metre time from any sanctioned event will be divided by the fastest such times skated by the respective sex at a National ranking event during the year to arrive at a percentage to two (2) decimal points, truncated not rounded. Athletes achieving the lowest cumulative percentage will be offered a position on the Short Track PTT in order of ranking.

Ties will be broken based upon a subjective assessment of the athlete's potential to achieve a Sport Canada card or a National Team position first.

OBLIGATIONS

1. Athletes are required to compete in the discipline for which they were selected, at a training level that is, in the Technical Committee's view, comparable to the National team, and with a clear indication that the training is targeted for a National team position in that discipline.
2. An athlete who decides to resign, retire, leave or does not complete the requirements of the program or who is suspended from the PTT program will be ineligible for the program for the next season.

3. An athlete who is offered a Sport Canada card and/or National team position and who chooses to decline it, consequently, will also be ineligible for the program.
4. An athlete who qualifies for both the Short Track and Long Track PTT will be required to select one. The athlete will not be eligible to receive the benefits of both programs. An athlete who qualifies for both again in the future will be offered only the discipline for which the athlete was selected previously. The athlete may appeal to the Technical Committee in writing to switch disciplines. Such documentation shall state the reasons why the athlete wishes to make the switch.
5. Team members living full time at a National Training Centre location are exempt from attending mandatory Provincial events. If a team member is in the Province during a Provincial event they are required to attend the event provided they meet the applicable selection standards.

SECTION 3

ONTARIO DEVELOPMENT TEAM PROGRAM

A PURPOSE:

To assist selected eligible athletes in such a manner as to maximize their potential performance at the next Canada Winter Games (CWG) and to provide a program that will lead athletes to the Provincial Training Team.

B SCOPE:

The Ontario Development Team (DT) will be comprised of a number of athletes eligible to participate in the next Canada Winter Games plus eligible PTT members. In any case, for selection purposes to the Development Team, the athletes who will attain the minimum age for participation in the next Canada Winter Games, fourteen (14), but are not over nineteen (19) in the skating year for which the team is being selected, 2005-2006, are eligible. In special circumstances athletes who do not meet this criterion may be named to the DT based on their potential, as determined by the Technical Committee in its absolute discretion, to make the PTT within two (2) years and a National Team within four (4) years. This athlete must be within the top half of those eligible for the DT Program to be considered.

The Program will consist of the provision of training and competitive development opportunities determined in the annual plan. Such opportunities may be delivered through the Regional Training Centre- Ontario or through other arrangements that the Technical Committee determines. The Program involves, as well, the provision of coaching and/or funding assistance to designated athletes for clinics, competitions and training camps alone or in combination.

The content of the Program will be set annually by the Technical Committee and may vary subject to budgetary conditions and the lead-time until the Canada Winter Games.

The DT will normally consist of twenty (22) athletes of which there must include a minimum of four (4) female and four (4) male long track athletes, and a minimum of five (5) female and five (5) male short track athletes.

In order to ensure that the Long Track Olympic style discipline will be accommodated in an appropriate manner, the top 4 male and 4 female athletes will be included as part of the CWG DT utilizing the selection process outlined below.

The Technical Committee, subject to budgetary condition, may, in its absolute discretion, name additional athletes to the Program.

C SELECTION:

The DT ranking list will be established in the following manner:

1. The Development Team will include twenty-two (22) eligible skaters ranked using their best 500M short track time skated on 111.12M oval at a sanctioned short track event divided by the fastest respective Canadian record for the appropriate sex. The resulting percentage will be used to rank the skaters.
2. The top four (4) male and four (4) female eligible long track skaters will be added to the Development Team if they are not already included within the group of twenty-two (22) noted above. . They will be ranked based upon their all round sammelagt points (500M, 1500M, 3000 M and 5000M for men and 500M, 1000M, 1500 M and 3000M for women). The best times for each distance will be used to calculate the sammelagt. Only times from sanctioned events skated on an outdoor oval may be used.

D OBLIGATIONS:

Development Team members must attend the Canadian and North American and Provincial Championships if they qualify and all designated Regional Training Centre-Ontario and OSSA sponsored camps for which they qualify. Exceptions will be granted automatically for Intermediate and Senior Development Team members for Long Track Mass Start Championships.

Athletes who resign, retire, leave, or do not complete the requirements of the program, or who are suspended from the DT are ineligible for membership on either DT or PTT and as such are ineligible to benefit in any way from the DT and PTT programs for the next season.

SECTION 4

CHAMPIONSHIP SELECTION

PREAMBLE

OSSA will fund the travel and accommodation expenses of the support personnel accompanying OSSA Teams. Support personnel include coaches and/or team managers designated by the Technical Committee.

LONG TRACK

CANADIAN SINGLE DISTANCE AND ALL ROUND CHAMPIONSHIPS

To qualify to be entered by OSSA, the athlete must meet all relevant standards set by SSC High Performance Long Track Committee for participation at these events. Such standards are normally published prior to the start of the skating season in SSC's High Performance Bulletin. For further reference see SSC HP Bulletin #135.

CANADA CUP COMPETITIONS

To qualify to be entered by OSSA, the athlete must meet all relevant standards set by SSC High Performance Long Track Committee for participation at these events. Such standards are normally published prior to the start of the skating season in SSC's High Performance Bulletin. For further reference see SSC HP Bulletin #135.

JUNIOR CANADIAN LONG TRACK CHAMPIONSHIPS

Mass Start

1. To qualify to be entered by OSSA, the athlete must have skated, in at least two (2) distances, within 115% of the applicable Canadian Age Class Record, other than records established at Calgary, and, finish in the top four (4) overall positions at the Ontario Long Track Mass Start Championships in the athlete's respective age category; **or**,
2.
 - a) Finish in the top six (6) overall positions at the Ontario Long Track Mass Start Championships provided that the six (6) athletes have recorded times in the current season within 105% of the applicable Canadian Age Class Record in two (2) distances, as per SSC Rule K2-101 (b); **or**,
 - b) In the case where the top four (4) athletes at the Provincial Championships have not skated times within the 115% time standard, an athlete outside the top four (4) who raced at the Provincial Championships and has skated times within the time standard will qualify to be entered. These athletes will be ranked by their best two (2) distance average percentages and only the top four (4) are eligible to be entered.
2. The qualifying times must be skated at a sanctioned event excluding events held at the Calgary Oval, subject to the provisions of K2-101 (b) noted above.
3. In order to be eligible to be named to the Team representing Ontario at the Canadian Championships, it will be necessary to have competed in a sanctioned mass start long track event other than the Provincial Championships.

Olympic Style

1. To qualify to be entered by OSSA the athlete must have skated in at least two (2) distances within 115% of the Canadian Junior ISU Record.
2. There are no limitations to the number of athletes per province that may enter this event.
3. Qualifying times must be skated at a sanctioned event excluding events held at the Calgary Oval.

NORTH AMERICAN LONG TRACK CHAMPIONSHIPS

A. Competition Within Ontario

To qualify to be entered by OSSA the athlete must have skated at the Provincial Long Track Championships and finished in the top six (6) overall positions at the Ontario Long Track Mass Start Championships.

B. Competition Outside Ontario

1. To qualify to be entered by OSSA athlete must have skated in at least two (2) distances within 115% of the applicable Canadian Age Class Record, other than Calgary; and,
2. Finished in the top four (4) overall positions at the Ontario Long Track Mass Start Championships; or,
3. In the case where the top four (4) athletes at the Provincial Championships have not skated times within the 115% time standard, an athlete who has finished outside the top four (4) at the Provincial Championships and has skated times within the time standard will be eligible for entry into the event. These athletes will be ranked by their best two (2) distance average percentages. Only the top four (4) are eligible to be entered.
4. The qualifying times must be skated at a sanctioned event except for events in the Calgary Oval. If the event is held after the Canadian Long Track Mass Start Championships, an athlete earning a medal in any distance at the Canadian Long Track Mass Start Championships will also qualify for this event.
5. In order to be eligible to be named to the Team representing Ontario at the North American Championships, it will be necessary to have competed in a mass start long track event other than the Provincial Championships

SHORT TRACK

A. CANADIAN SHORT TRACK AGE CLASS CHAMPIONSHIPS

1. To qualify to be entered by OSSA the athlete must have skated, in at least two (2) distances, within 115% of the applicable Canadian Age Class Record. The qualifying times must be skated at a sanctioned event; and,
2. Finish in the top four (4) overall positions at the Ontario Short Track Championships in their respective age category. Notwithstanding this, the absolute results of the Open Class will be tabulated to determine the ranking, for the Intermediate and Senior classes where these classes are combined in a racing division.
3. In the case where the top four (4) athletes at the Provincial Championships have not skated times within the 115% time standard, an athlete outside the top four (4) who raced at the Provincial Championships and has skated times within the time standard will be eligible for the Championship Event. These athletes will be ranked by their best two (2) distance average percentages and only the top four (4) are eligible to be entered.

4. Pre-qualification, for the Intermediate age category can occur for skaters who have a national ranking from the first two National Short Track Trials. These skaters must confirm their intention to participate in the Canadian Age Class Short Track Championships prior to the registration deadline for the Provincial Short Track Championships.

Competitions Within Ontario

To qualify to be entered by OSSA, the athlete must have finished in the top four (4) overall positions at the Ontario Short Track Championships; or,

Pre-qualification, for the Intermediate age category can occur for skaters that have a national ranking from the first two National Short Track Trials. These skaters must confirm their intention to participate in the Canadian Age Class Short Track Championships prior to the registration deadline for the Provincial Short Track Championships.

C. NORTH AMERICAN SHORT TRACK AGE CLASS CHAMPIONSHIPS

1. Competitions Within Ontario

- a) To qualify to be entered by OSSA the athlete must have finished in the top six overall positions at the Ontario Short Track Championships; or,
- b) Pre-qualification, for the Intermediate age category can occur for skaters that have a national ranking from the first two National Short Track Trials. These skaters must confirm their intention to participate in the Canadian Age Class Short Track Championships prior to the registration deadline for the Provincial Short Track Championships

2. Competition Outside Ontario

- a) To qualify to be entered by OSSA the athlete must have skated in at least two (2) distances within 115% of the applicable Canadian Age Class Record. The qualifying times must be skated at a sanctioned event and,
- b) Finish in the top four (4) overall positions at the Ontario Short Track Mass Start Championships; or,
- c) In the case where the top four (4) athletes at the Provincial Championships have not skated times within the time standard, an athlete outside the top four (4) who raced at the Provincial Championships and has skated times within the time standard will be eligible to be entered. These athletes will be ranked by their best two (2) distance average percentages and only the top four (4) are eligible to be entered into the event.
- d) If the event is held after the Canadian Short Track Mass Start Championships, an athlete earning a medal in any distance at the Canadian Short Track Mass Start Championships will also qualify for this event.

D. ONTARIO PROVINCIAL SHORT TRACK CHAMPIONSHIPS

1. In order to be eligible for participation in the Provincial Short Track Championships, athletes in the eligible age classes, Peewee to Masters, must have participated in at

least two (2) Provincial Stream (Ontario Cup) Age Class competitions in the current season;

2. Athletes may count participation in an FPVQ Elite or Competitive level competitions as their second (2nd) event if due to the timing of the events, they are unable to participate in a second Ontario Cup event;
3. Athletes must make the Technical Committee aware that they will have such a potential conflict, at least 30 days prior to the competition in order that the Committee may deal with the matter and determine whether an event noted paragraph 2 will be accepted as meeting the criteria; and,
4. Athletes must meet a time standard established for their age class. The standard will be announced in the OSSA Technical Bulletin. See Annex A.

SCHEDULE II

TECHNICAL COMMITTEE

Dennis Duggan

CHAIR

DAVID MORRISON

MIKE MURRAY

KRISTI COPELAND

TONY BEAN

Coaching Development Committee Representative

Hugh Morrison

Officials Development Committee Representative

Pascal Franche

Skaters' Representative

Questions may be directed to;

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