

TECHNICAL BULLETIN #2

October 2000

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Competitions

As you are aware the Procedures and Regulations documents have been replaced by what will now be called the OSSA Information Manual. The Manual provides a better arrangement of the material and will permit users to find what they are looking for more easily. Specifically, all the information relating to Competitions, including applications for sanctions is now contained in Section B entitled **Competition Regulations**. For the most part changes to the competition rules involve articulating common practices. Noted below in this second annual Bulletin are details of specific changes with respect to the running of competitions about which officials, in particular meet co-ordinators and referees, coaches and athletes should be aware.

ARTICLE B3 EVENTS

1. Article B3.01 now stipulates that the four Provincial Championships both Short and Long Track will closed competitions.

ARTICLE B7 CONDUCT OF COMPETITIONS

2. Paragraph B7.03 now provides, as has been the case in Short Track competitions, that at Long Track Mass Start competitions Intermediate and Senior A athletes will be grouped in an Open A division.

3. Paragraph B7.06 provides that the Provincial Short Track Age Class Championships will be restricted to Midget, Juvenile, Junior and Open A categories (Intermediate and Senior A) categories.

4. Paragraph B7.07 now provides that both Provincial Short Track and Long Track Championships will be conducted using the all-points format within Age Class categories.

ARTICLE B8 PROGRAM OF EVENTS

Long Track

5. Paragraph B8.08 provides that the Olympic Style component of OSSA sanctioned competitions that comprise both an Olympic Style component and a Mass Start component shall be held in the first part of each day.

Short Track

6. PARAGRAPHS B8.10 now ensures that Pursuits are an integral part of the Open A program. As such, the results of the pursuits will be used for seeding the first distance for this class. The option also exists to use the pursuit as a distance in the program and award points. In that case, it is suggested that the pursuit replace the 3000M as an individual distance in an Age Class competition.

Please Note

SSC has advised, through its High Performance Bulletin, that a 777M pursuit will be used at the Team Trials and the Junior World Team Selection events this year. All pursuits in Ontario this year will be run using the 777m distance.

7. The former B5.04 of the P&R's was amended at the AGM. As Paragraph B8.12, it now reads as

follows:

"All two (2) day short track competitions will be run so that the participants are not required to spend in excess of ½ the racing day at the arena. The exception will be the Provincial Short Track Championships. Junior, Intermediate (when allowed) and Open "A" categories must skate in the first half of each day. Peewee, Bantam, Midget and Juvenile categories must skate in the second half of each day. Meet Co-ordinators will schedule other categories as necessary to even out the two halves of each day."

The Competition Regulations have also been organized to provide a series of annexes that are designed to assist competition organisers, officials, coaches, athletes, and indeed parents in understanding how races are seeded and how skaters progress from heats through to the finals in a competition.

8. Annex B4 provides information on the racing format for Ability Competitions.

9. Annex B5 provides information on the racing format for Age Class Competitions.

It is worth noting that in both situations where the pursuits are used to seed the first distance, skaters, if any, who decline must be seeded at the bottom of the group for the first distance.

TRACK MARKINGS

10. We are advised that the ISU has adopted the Canadian start for short track. Pre-start lines are therefore, no longer necessary for either short track or mass start long track. They remain necessary for Olympic Style.

Team Ontario 2000/2001

Purpose

1. To highlight skaters' achievements and to enhance their identification as Ontario athletes and proud representatives of OSSA.
2. To ensure that athletes who have achieved Sports Canada cards and who have yet to make the National Team continue to be recognised by the Association and to receive our support.

Composition

Ontario athletes who have attained:

- Sport Canada Cardholder status who have yet to achieve national team status;
- Provincial Training Squad Membership; and,
- Canada Winter Games Development Squad Membership

Program

For Card Holders and Provincial Training Squad Members:

- For ranking competitions registration fees will be paid by OSSA;
- Card Holders and Provincial Training Squad Members are entitled to receive free attendance to all Regional Training Centre camps & activities plus free attendance to any Provincial Training Camps & Skating Schools.

COACHING SERVICES

Coaching at Ranking Competitions will be provided by OSSA at all ranking competitions. Coaching is available to Team members to ensure that their interests are protected. Athletes having carded

status and/or skating out of a National Training Centre should indicate their requirement for coaching assistance at Ranking Events.

OSSA will pay for coaching services to be provided by a National Training Centre for Provincial Training Squad members who relocate to a Centre.

TRAVEL SUPPORT

Provincial Training Squad members are entitled to claim 100% of travel expenses to all National ranking events within their discipline.

ATTENDANCE AT EVENTS

1. Provincial Training Squad members must attend all training camps while in the Province.
2. Members must attend National Ranking Events.
3. Members must attend the Provincial Championships when they are in the Province.

For Canada Winter Games Development Squad

TRAINING CAMP FEES

OSSA will cover the registration fees for all Provincial dryland camps and all Regional Training Centre camps for all Canada Winter Games Development Team members;

SUMMER SKATING SCHOOL FEES

OSSA will cover 50% of the registration fee for the Ontario Summer Skating School.

REGISTRATION FEES AT RANKING COMPETITIONS

Team members who are eligible to compete at ranking competitions will have their registration fees paid by OSSA in accordance with attainment of the OSSA'S selection criteria.

ATTENDANCE AT EVENTS

1. Canada Winter Games Development Squad members are required to attend the Provincial Championships; and
2. All training camps.

RECOGNITION

Team Ontario Members will be provided with warm-up T-shirts which they are expected to wear at competitions and events sponsored by the Association.

Selection Standards/ Selection Criteria

Provincial Short Track Championships

For the eligible categories (Midget, Juvenile, Junior, Intermediate and Senior), in order to participate in the Provincial Championships an athlete must have participated in at least one (1) Provincial Stream age class event in the current season. The Competitions in question are the three (3) Ontario Cup Age Class events.

To ensure skaters safety and to provide a positive racing experience, it is suggested athletes should meet a recommended time standard to participate in the Provincials. The published recommended standard, attached as Annex A, uses the total seconds of the times for the two (2) shortest

distances.

Canadian and North American Short Track Championships

The specific age class standards are attached as Annex B to this Bulletin. The specific criteria are unchanged from last season.

Canadian and North American Long Track Championships

The specific age class standards are attached as Annex C to this Bulletin. It should be noted that the Technical Committee has for the coming season revised the applicable time standards for long track by setting the standard at 114% of the applicable Canadian Age Class Record and for the North American Championships at 112% of the applicable record.

The Committee has concluded also that it is necessary to encourage participation in long track events. Therefore, it will be necessary to have competed in a mass start long track event other than the Provincial Championships in order to be eligible to be named to a Canadian or North American Team representing Ontario.

The remaining specific criteria are unchanged from last season

We want to hear from you! Any questions, suggestions or concerns may be directed to Dennis Duggan, Vice-President, Technical Programs Administration at his e-mail address dgdspdskating@home.com or by fax to 613-834-0414 or to the OSSA office.

ANNEX A Provincial Short Track Championships Recommended Standard.

Recommended Time Standards to Qualify for the 2001 Ontario Short Track Championships

The standards are the total in seconds of the skaters current seasons personal best time for the shortest two distances that must equal or be faster than the standards in order to qualify for the Championships.

The personal best times must be from an OSSA Sanctioned event. The skater must have skated in at least one age class competition during the current season.

MIDGET	333	500	Total Seconds
boys	42.00	1:5.00	107.00
girls	46.00	1:10.00	116.00
JUVENILE	500	666	Total Seconds
boys	58.00	1:18.00	136.00
girls	60.00	1:20.00	140.00
JUNIOR	500	777	Total Seconds
Men	55.00	1:28.00	143.00
Women	57.00	1:32.00	149.00
OPEN	500	1000	Total Seconds
Men	50.00	1:48.00	158.00
Women	55.00	1:55.00	170.00

Canadian and North American Short Track Championships

2000–2001

MIDGET BOYS	333	500	666	777
Provincial Record	33.39	50.82	1 8.26	1 19.92
National Record	32.82	48.57	1 6.49	1 18.16
Can Qualifying Time	36.76	54.40	1 14.47	1 27.54
N.A. Qualifying Time	36.10	53.43	1 13.14	1 25.98
MIDGET GIRLS	333	500	666	777
Provincial Record	36.26	54.83	1 13.67	1 26.58
National Record	33.54	49.64	1 8.38	1 21.11
Can Qualifying Time	37.56	55.60	1 16.59	1 30.84
N.A. Qualifying Time	36.89	54.60	1 15.22	1 29.22
JUVENILE BOYS	500	666	777	1000
Provincial Record	47.12	1 3.47	1 15.33	1 40.19
National Record	45.36	1 1.4	1 11.93	1 35.33
Can Qualifying Time	50.80	1 8.77	1 20.56	1 46.77
N.A. Qualifying Time	49.90	1 7.54	1 19.12	1 44.86
JUVENILE GIRLS	500	666	777	1000
Provincial Record	49.45	1 7.7	1 18.1	1 45.63
National Record	48.38	1 5.4	1 16.89	1 41.76
Can Qualifying Time	54.19	1 13.25	1 26.12	1 53.97
N.A. Qualifying Time	53.22	1 11.94	1 24.58	1 51.94
JUNIOR MEN	500	777	1000	1500
Provincial Record	45.1	1 12.21	1 37.44	2 27.28
National Record	44.2	1 10.25	1 32.69	2 25.73
Can Qualifying Time	49.50	1 18.68	1 43.81	2 43.22
N.A. Qualifying Time	48.62	1 17.28	1 41.96	2 40.3
JUNIOR WOMEN	500	777	1000	1500
Provincial Record	50.56	1 19.31	1 44.37	2 43.12
National Record	47.26	1 15.25	1 40.93	2 38.7
Can Qualifying Time	52.93	1 24.28	1 53.04	2 57.74
N.A. Qualifying Time	51.99	1 22.78	1 51.02	2 54.57
INTERMEDIATE MEN	500	1000	1500	3000
Provincial Record	45.11	1 35.82	2 33.79	5 14.74
National Record	43.69	1 31.81	2 24.23	5 5.32
Can Qualifying Time	48.93	1 42.83	2 41.54	5 41.96
N.A. Qualifying Time	48.06	1 40.99	2 38.65	5 35.85
INTERMEDIATE WOMEN	500	1000	1500	3000
Provincial Record	48.83	1 44.68	2 38.55	5 57.41
National Record	47.77	1 40.68	2 36.68	5 34.91
Can Qualifying Time	53.50	1 52.76	2 55.48	6 15.1
N.A. Qualifying Time	52.55	1 50.75	2 52.35	6 8.40
SENIOR MEN	500	1000	1500	3000
Provincial Record	43.68	1 30.03	2 22.35	5 2.28
National Record	42.43	1 27.96	2 15.7	4 53.21
Can Qualifying Time	47.52	1 38.52	2 31.98	5 28.4

N.A. Qualifying Time	46.67	1	36.76	2	29.27	5	22.53
	500		1000		1500		3000
SENIOR WOMEN							
Provincial Record	47.26	1	41.65	2	37.29	5	29.78
National Record	44.77	1	32.96	2	23.37	5	6.151
Can Qualifying Time	50.14	1	44.12	2	40.57	5	42.89
N.A. Qualifying Time	49.25	1	42.26	2	37.71	5	36.77

ANNEX C Canadian and North American Long Track Championships 2000–2001

MIDGET BOYS	300		400		600		800
Provincial Record	30.21	40.78	59.27	1	21.98		
National Record	28.47	38.03	55.68	1	15.26		
Can Qualifying Time	32.46	43.35	1	3.48	1	25.80	
N.A. Qualifying Time	31.89	42.59	1	2.36	1	24.29	
MIDGET GIRLS	300		400		600		800
Provincial Record	32.70	42.78	1	4.20	1	29.62	
National Record	29.44	38.38	59.62	1	17.70		
Can Qualifying Time	33.56	43.75	1	7.97	1	28.58	
N.A. Qualifying Time	32.97	42.99	1	6.77	1	27.02	
JUVENILE BOYS	300		500		800		1000
Provincial Record	27.88	45.16	1	14.66	1	30.01	
National Record	26.50	41.36	1	8.12	1	26.38	
Can Qualifying Time	30.21	47.15	1	17.66	1	38.47	
N.A. Qualifying Time	29.68	46.32	1	16.29	1	36.75	
JUVENILE GIRLS	300		500		800		1000
Provincial Record	30.80	50.30	1	24.40	1	45.70	
National Record	27.84	44.89	1	12.03	1	34.63	
Can Qualifying Time	31.74	51.17	1	22.11	1	47.88	
N.A. Qualifying Time	31.18	50.28	1	20.67	1	45.99	
JUNIOR MEN	500		800		1000		1500
Provincial Record	43.00	1	10.20	1	29.70	2	19.40
National Record	39.76	1	4.41	1	20.23	2	1.95
Can Qualifying Time	45.33	1	13.43	1	31.46	2	19.02
N.A. Qualifying Time	44.53	1	12.14	1	29.86	2	16.58
JUNIOR WOMEN	500		800		1000		1500
Provincial Record	48.88	1	18.39	1	40.15	2	33.11
National Record	44.66	1	13.81	1	35.01	2	26.51
Can Qualifying Time	50.91	1	24.14	1	48.31	2	47.02
N.A. Qualifying Time	50.02	1	22.67	1	46.41	2	44.09
INTERMEDIATE MEN	500		800		1000		1500
Provincial Record	42.58	1	9.90	1	28.30	2	18.50
National Record	40.60	1	4.80	1	22.70	2	10.21
Can Qualifying Time	46.28	1	13.87	1	34.28	2	28.44
N.A. Qualifying Time	45.47	1	12.58	1	32.62	2	25.84
INTERMEDIATE WOMEN	500		800		1000		1500

Provincial Record	50.27	1	24.10	1	48.50	2	47.74
National Record	45.30	1	16.46	1	37.72	2	32.36
Can Qualifying Time	51.64	1	27.16	1	51.40	2	53.69
N.A. Qualifying Time	50.74	1	25.64	1	49.45	2	50.64

500 800 1000 1500

SENIOR MEN

Provincial Record	43.40	1	11.10	1	28.60	2	20.60
National Record	41.09	1	6.50	1	21.86	2	10.73
Can Qualifying Time	46.84	1	15.81	1	33.32	2	29.03
N.A. Qualifying Time	46.02	1	14.48	1	31.68	2	26.42

500 800 1000 1500

SENIOR WOMEN

Provincial Record	45.68	1	19.60	1	32.42	2	23.79
National Record	44.00	1	12.13	1	30.50	2	26.41
Can Qualifying Time	50.16	1	22.23	1	43.17	2	46.91
N.A. Qualifying Time	49.28	1	20.79	1	41.36	2	43.98