

# TECHNICAL BULLETIN # 3

October 2001

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## PURPOSE

The purposes of this Bulletin are twofold. First it is designed to serve as an advisory with respect to competitive and program issues specifically for athletes and coaches. It is also the purpose of the Bulletin to provide to all concerned, in particular to those who are responsible for the conduct of competitions, information concerning Technical Committee decisions in a timely manner.

The Bulletin is also posted on the OSSA's website at [www.speedskatingontario.org](http://www.speedskatingontario.org).

A.

### A. Competitions

#### I. COMPETITION REGULATIONS

Noted below are specific amendments to the **Competition Regulations** adopted by the Annual General Meeting. The Regulations can be found in the OSSA Information Manual. Officials, in particular meet co-ordinators and referees, coaches and athletes should take note of these changes.

#### 1. ARTICLE B7 CONDUCT OF COMPETITIONS

- a. Paragraph B7.03 (a) has been amended to provide that at the Provincial Championships, the Meet Coordinator has the option to group Intermediate and Senior A athletes in an Open A division dependent on the number of athletes in the category (if less than 4 in either category they must be combined).
- b. Paragraph B7.06 has been amended to provide that the Provincial Short Track Age Class Championships will be restricted to Peewee, Bantam, Midget, Juvenile, Junior and Intermediate and Senior A categories. Furthermore, the article has been amended to require that the Provincial Short Track Age Class Championships will be restricted to skaters that

meet a time standard for their age category.

The time standards to be applied for the noted above are included as Annex A in Schedule I of this Bulletin. Specific details with respect to selection and performance standards and criteria are outlined later in this Bulletin.

## 1. ARTICLE B8 PROGRAM OF EVENTS

- a. Paragraph **B8.02** has been amended to read as follows:

Before the competition inquiries regarding the competition format or special activity structures of a technical nature are to be directed to the Meet Coordinator. The inquiry if required will be directed by the meet coordinator to the Chairperson of the Technical Committee.

- b. Long Track

Paragraph **B8.08** has been amended such that at Long Track OSSA sanctioned competitions that comprise both Olympic and Mass Start components, the Meet Co-ordinator has the discretion to determine the order of events subject to the order remaining the same on both days.

- c. Short Track

Article B8.09 has been amended to read as follows: All OSSA sanctioned two-day short track competitions must include relays, and all such **Age Class** competitions held before the last SSC short track open ranking meet of each year must also include pursuits in the distance currently used by SSC at short track ranking competitions.

- a. **Article B8.10** has been amended such that the preamble reads follows: "The order of races for all OSSA-sanctioned 2-day short track **Age Class** events will be as follows:

This amendment and the one noted in c) with respect to **B8.09** make it clear that that the conduct of pursuits is not required to be part of the program at Ability competitions.

- b. **B8.12** has been amended such that the racing format of all two (2) day short track competitions will be at the discretion of the Meet Coordinator ensuring enough time for the distances advertised.

### 1. Annex B4B: Racing Format Guidelinesfor Ability Competitions

**Definitions - Seeding of Entries** has been amended by deleting the following sentence:

"The results of pursuits skated at the competition must be used for seeding the first distance for any group which skates the pursuit. Skaters, if any, who decline to skate the pursuit will be seeded at the bottom of the group for the first distance."

### 3. Annex B5: All Points Racing Format for Age Class Competitions

**Section A – Definitions - Seeding of Entries** has been amended by deleting the following sentence: "Skaters, if any, who decline to skate the pursuit will be seeded at the bottom of the group for the first distance."

This amendment and the one noted in 3 above with respect to Annex B4 are consequential to the amendments noted with respect to Articles 8.09 and 8.10. It further clarifies that pursuits are not part of Ability competitions and that all skaters entered in Open A in Age Class competitions must skate the Pursuit.

The specific amendments as they may be found in the Competition Regulations section of the

Information Manual may found in Schedule II

## II. II. Can Am Short Track Circuit Competitions

The Can Am Circuit was created by a partnership between Quebec, New Brunswick the USA and Ontario to provide elite level racing experiences for Intermediate and Senior aged skaters (some Junior aged skaters may be eligible). The Circuit is composed of 4 competitions in it inaugural season. There are no provincial quotas unlike the Quebec Cup events. These events will provide an opportunity for skaters to prepare for national ranking events as well as to provide good quality racing for those skaters that may be just below or are not quite ready to compete at the national ranking event level.

OSSA is looking for a club to host one of these events on next years calendar. Any interested clubs should contact Ian Hennigar at our provincial office to discuss this further.

The specific criteria involved for participation of athletes and the details of the program of events to which the partners in the Circuit have agreed are attached as Annex E

### A. 2001/2002 Long Track Programme

The Association has entered into a partnership arrangement with the National Training Centre located at the Gaetan Boucher oval in Ste.-Foy, Quebec. This arrangement provides expanded opportunities for OSSA athletes and coaches in long track development and training. In particular, it will provide an excellent opportunity for those Team Ontario members who part of the Provincial Training and the Canada Winter Games Development Squads. The program is operated by OSSA and all arrangements for participation by OSSA athletes must be channelled through the OSSA office.

The initial opportunities involve training camps to be held from October 19<sup>th</sup> to October 23<sup>rd</sup> and from November 1<sup>st</sup> to 5<sup>th</sup>. During the second camp, a long track competition will be held. Athletes, as a result of OSSA's arrangement with the Centre, will benefit directly from having to pay a reduced level of fees for their involvement.

The specific details of the programme OSSA will be offering and related costs to the athlete may found in Annex F.

### C. Selection Standards/Selection Criteria

Noted below are details with respect to decisions of the Technical Committee concerning selection and performance standards and criteria for the 2001-2002 skating season.

#### 1. Canadian and North American Short Track Championships

The specific time performance standards are attached as Annex B to this Bulletin. The specific selection criteria are unchanged from last season and may found in Annex D. Both the performance standards and the selection criteria can be found at [www.speedskatingontario.org](http://www.speedskatingontario.org).

#### 1. Canadian and North American Long Track Championships

The specific time performance standards are attached as Annex C to this Bulletin. The specific selection criteria are unchanged from last season and may found in Annex D. Both the performance standards and the selection criteria can be found at [www.speedskatingontario.org](http://www.speedskatingontario.org).

#### 1. Provincial Short Track Championships

- a. The eligible categories now consist of the Peewee, Bantam, Midget, Juvenile,

Junior, Intermediate and Senior A age classes. In order to participate in Provincial Championships, the Technical Committee has decided that athletes must have participated in at least two (2) Provincial Stream age class competitions in the current season.

The Competitions in question are the three (3) Ontario Cup Age Class events. Athletes may count participation in a Can-Am or Quebec Cup competition as their second (2<sup>nd</sup>) event, if due to the timing of the events, they are unable to participate in a second Ontario Cup event.

- b. As a consequence of the decision of the Annual General Meeting, noted earlier in this Bulletin, it is now the case that athletes must meet a time standard to participate in the Provincials Short Track Championships.

The published standard, attached as Annex A, uses the total seconds of the times for the two (2) shortest distances except for the Junior Category which is based on the 500M and 1000M distances. This latter exception has been adopted because certain Juniors skate in the Open category during the season in Ontario and may not have the opportunity to skate the appropriate Junior distances otherwise.

D.  
**D. Team Ontario 2001/2002**

**Purpose**

- To highlight skaters' achievements and to enhance their identification as Ontario athletes and proud representatives of OSSA.
- To ensure that athletes who have achieved Sports Canada cards and who have yet to make a National Team continue to be recognised by the Association and to receive its support and assistance.
- To provide support and assistance to Ontario athletes who have demonstrated an ability to meet high performance standards at their level. OSSA will deliver this support through the provision of programmes and other appropriate means.

**Composition**

Ontario athletes who have attained:

- Sport Canada Cardholder status who have yet to achieve a national team position;
- Provincial Training Squad Membership; and,
- Canada Winter Games Development Squad Membership

**Programme**

**A. Provincial Training Squad and Sport Canada Card Holders:**

**OSSA Commitments**

- 1. For ranking competitions registration fees will be paid by OSSA.**
  - 2. Card Holders and Provincial Training Squad Members are entitled to receive free attendance to all Regional Training Centre camps & activities plus free attendance to all designated OSSA sponsored dry land training camps & skating camps.**
- 1. COACHING SERVICES**

Coaching at Ranking Competitions will be provided by OSSA at all ranking competitions. Coaching is available to Team members to ensure that their interests are protected. Athletes having carded status and/or skating out of a National Training Centre should indicate their requirement for coaching assistance at Ranking Events.

OSSA pays for coaching services provided by a National Training Centre for Provincial Training Squad members who relocate to the Training Centre.

#### 4. TRAVEL SUPPORT

Provincial Training Squad members are entitled to claim 100% of travel expenses to all National ranking events within their discipline.

#### ATHLETE OBLIGATIONS

1. While in the Province, Provincial Training Squad members must attend all designated OSSA sponsored dry land and ice training camps and participate in all other designated programmes designed to prepare athletes for the Canada Winter games selection process;
2. Members must attend and participate at National Ranking Events;
3. Members must attend the Provincial Championships when they are in the Province.

#### B. Canada Winter Games Development Squad

#### OSSA COMMITMENTS

##### 1. TRAINING CAMP FEES

OSSA will cover the registration fees for all Provincial dry land camps and all Regional Training Centre camps for all Canada Winter Games Development Team members.

##### 1. SKATING CAMP FEES

OSSA will cover 50% of the registration fee for all designated OSSA sponsored skating camps.

##### 1. REGISTRATION FEES AT RANKING COMPETITIONS

Team members who are eligible to compete at ranking competitions will have their registration fees paid by OSSA in accordance with attainment of the OSSA'S selection criteria.

#### ATHLETE OBLIGATIONS

1. Canada Winter Games Development Squad members are required to attend Provincial Championships; and
2. To attend all designated OSSA sponsored dry land and ice training camps and participate in all other designated programmes designed to prepare athletes for the Canada Winter Games selection process.

#### • STE.-FOY NATIONAL TRAINING CENTRE PARTNERSHIP AGREEMENT

OSSA has entered into a partnership agreement with the National Training Centre located in Ste.-Foy, Québec. As such, we can now offer an enhanced long track programmes for our athletes who wish to pursue this particular discipline. In particular, this will permit us to add better development opportunities for athletes who are members of the Provincial Training and Canada Winter Games Development Squads in their preparation for the Games selection process. Included in the agreement similar to the one OSSA has with Calgary we can offer the

Centre's services to our skaters at a reduced cost.

This year we are hosting two long track camps, one in October and one in November.

If any athlete wishes to access the coaching or testing services they are to contact Ian Hennigar at our Provincial Office to finalize the details and costs.

## **SCHEDULE I**

### **ANNEX A**

#### **2002 Ontario Short Track Championships Standards**

The standards are the total in seconds of the skaters current seasons personal best time for the shortest two distances (except for Jr.) that equal or are faster than the standards in order to qualify for the Championships.

The skater must have skated in at least two age class competitions during the current season. A Can Am or Quebec Cup event can count for one of the two age class events.

The personal best time must be from an OSSA sanctioned event.

<b>PEEWEE</b>	<b>111</b>		<b>222</b>	<b>Total Seconds</b>
Boys	24.00		48.00	72.00
Girls	26.00		50.00	76.00
<b>BANTAM</b>	<b>222</b>		<b>333</b>	<b>Total Seconds</b>
Boys	34.00		52.00	86.00
Girls	37.00		53.00	90.00
<b>MIDGET</b>	<b>333</b>		<b>500</b>	<b>Total Seconds</b>
Boys	42.00	1	5.00	107.00
Girls	46.00	1	8.00	114.00
<b>JUVENILE</b>	<b>500</b>		<b>666</b>	<b>Total Seconds</b>
Boys	56.00	1	15.00	131.00
Girls	58.00	1	18.00	136.00
<b>JUNIOR</b>	<b>500</b>		<b>1000</b>	<b>Total Seconds</b>
Men	53.00	1	55.00	168.00
Women	55.00	2	00.00	175.00
<b>INTERMEDIATE</b>	<b>500</b>		<b>1000</b>	<b>Total Seconds</b>
Men	48.00	1	40.00	148.00
Women	54.00	1	53.00	167.00
<b>SENIOR</b>	<b>500</b>		<b>1000</b>	<b>Total Seconds</b>
Men	48.00	1	40.00	148.00
Women	54.00	1	53.00	167.00

## ANNEX B

### Canadian and North American Short Track Championships

#### 2001-02 ONTARIO TIME STANDARDS

(October 2001)								
	<b>MIDGET BOYS</b>	<b>333</b>		<b>500</b>		<b>666</b>		<b>777</b>
	Provincial Record	33.39		50.82	1	8.26	1	19.92
	National Record	32.82		48.57	1	5.71	1	17.35
	Can Qualifying Time	36.76		54.40	1	13.60	1	26.63
	N.A. Qualifying Time	36.10		53.43	1	12.28	1	25.08
	<b>MIDGET GIRLS</b>	<b>333</b>		<b>500</b>		<b>666</b>		<b>777</b>
	Provincial Record	36.26		54.83	1.1	13.67	1	26.58
	National Record	33.54		49.64	1	8.38	1	20.63
	Can Qualifying Time	37.56		55.60	1	16.58	1	30.31
	N.A. Qualifying Time	36.89		54.60	1	15.21	1	28.69
	<b>JUVENILE BOYS</b>	<b>500</b>		<b>666</b>		<b>777</b>		<b>1000</b>
	Provincial Record	47.12	1	3.47	1	15.33	1	40.19
	National Record	45.36	1	1.40	1	11.93	1	35.33
	Can Qualifying Time	50.80	1	8.77	1	20.56	1	46.76
	N.A. Qualifying Time	49.90	1	7.54	1	19.12	1	44.86
	<b>JUVENILE GIRLS</b>	<b>500</b>		<b>666</b>		<b>777</b>		<b>1000</b>
	Provincial Record	49.45	1	7.7	1	18.1	1	45.63
	National Record	48.38	1	5.4	1	16.89	1	39.17
	Can Qualifying Time	54.19	1	13.24	1	26.11	1	51.07
	N.A. Qualifying Time	53.22	1	11.94	1	24.57	1	49.09
	<b>JUNIOR MEN</b>	<b>500</b>		<b>777</b>		<b>1000</b>		<b>1500</b>
	Provincial Record	45.06	1	12.21	1	37.44	2	27.28
	National Record	44.2	1	10.25	1	31.8	2	23.62
	Can Qualifying Time	49.50	1	18.68	1	42.81	2	40.85
	N.A. Qualifying Time	48.62	1	17.27	1	40.98	2	37.98
	<b>JUNIOR WOMEN</b>	<b>500</b>		<b>777</b>		<b>1000</b>		<b>1500</b>
	Provincial Record	48.98	1	17.91	1	41.9	2	41.34
	National Record	46.88	1	14.70	1	39.04	2	33.98
	Can Qualifying Time	52.51	1	23.67	1	50.92	2	52.45
	N.A. Qualifying Time	51.57	1	22.17	1	48.94	2	49.37
	<b>INTERMEDIATE MEN</b>	<b>500</b>		<b>1000</b>		<b>1500</b>		<b>3000</b>
	Provincial Record	45.11	1	35.82	2	33.79	5	14.74

	National Record	43.41	1	31.29	2	22.11	5	5.32	
	Can Qualifying Time	48.62	1	42.24	2	39.16	5	41.95	
	N.A. Qualifying Time	47.76	1	40.41	2	36.32	5	35.85	
	<b>INTERMEDIATE WOMEN</b>	<b>500</b>		<b>1000</b>		<b>1500</b>		<b>3000</b>	
	Provincial Record	48.83	1	44.68	2	38.55	5	57.41	
	National Record	47.26	1	38.93	2	33.00	5	25.94	
	Can Qualifying Time	52.93	1	50.81	2	51.36	6	5.052	
	N.A. Qualifying Time	51.99	1	48.83	2	48.30	5	58.53	
	<b>SENIOR MEN</b>	<b>500</b>		<b>1000</b>		<b>1500</b>		<b>3000</b>	
	Provincial Record	42.25	1	27.32	2	15.45	5	2.28	
	National Record	41.74	1	25.70	2	14.74	4	51.6	
	Can Qualifying Time	46.75	1	35.98	2	30.90	5	26.59	
	N.A. Qualifying Time	45.91	1	34.27	2	28.21	5	20.76	
	<b>SENIOR WOMEN</b>	<b>500</b>		<b>1000</b>		<b>1500</b>		<b>3000</b>	
	Provincial Record	46.92	1	38.39	2	35.88	5	25.48	
	National Record	44.30	1	32.96	2	23.37	5	4.59	
	Can Qualifying Time	49.62	1	44.11	2	40.57	5	41.14	
	N.A. Qualifying Time	48.73	1	42.25	2	37.70	5	35.05	

## ANNEX C

### Canadian and North American Long Track Championships

#### 2001-02 ONTARIO TIME STANDARDS

(October 2001)									
	<b>MIDGET BOYS</b>	<b>300</b>		<b>400</b>	<b>60</b>			<b>800</b>	
	Provincial Record	30.21		40.78		59.27	1	21.98	
	National Record	28.47		38.03		55.68	1	15.26	
	Can Qualifying Time	32.46		43.35	1	3.48	1	25.80	
	N.A. Qualifying Time	31.89		42.59	1	2.36	1	24.29	
	<b>MIDGET GIRLS</b>	<b>300</b>		<b>400</b>		<b>600</b>		<b>800</b>	
	Provincial Record	32.70		42.78	1.1	4.20	1	29.62	
	National Record	29.44		38.38		59.62	1	17.70	
	Can Qualifying Time	33.56		43.75	1	7.97	1	28.57	
	N.A. Qualifying Time	32.97		42.99	1	6.77	1	27.02	
	<b>JUVENILE BOYS</b>	<b>300</b>		<b>500</b>		<b>800</b>		<b>1000</b>	

	Provincial Record	27.57		44.78	1	14.66	1	30.01	
	National Record	26.50		41.36	1	8.12	1	26.38	
	Can Qualifying Time	30.21		47.15	1	17.65	1	38.47	
	N.A. Qualifying Time	29.68		46.32	1	16.29	1	36.74	
	<b>JUVENILE GIRLS</b>	<b>300</b>		<b>500</b>		<b>800</b>		<b>1000</b>	
	Provincial Record	29.50		49.46	1	23.58	1	45.70	
	National Record	27.84		44.89	1	12.03	1	34.63	
	Can Qualifying Time	31.74		51.17	1	22.11	1	47.87	
	N.A. Qualifying Time	31.18		50.27	1	20.67	1	45.98	
	<b>JUNIOR MEN</b>	<b>500</b>		<b>800</b>		<b>1000</b>		<b>1500</b>	
	Provincial Record	41.86	1	7.77	1	29.03	2	13.78	
	National Record	39.76	1	4.41	1	20.23	2	1.95	
	Can Qualifying Time	45.33	1	13.42	1	31.46	2	19.02	
	N.A. Qualifying Time	44.53	1	12.13	1	29.85	2	16.58	
	<b>JUNIOR WOMEN</b>	<b>500</b>		<b>800</b>	<b>10</b>		<b>15</b>		
	Provincial Record	48.88	1	17.28	1	38.02	2	33.11	
	National Record	45.36	1	9.05	1	28.44	2	17.61	
	Can Qualifying Time	51.71	1	18.71	1	40.82	2	36.87	
	N.A. Qualifying Time	50.80	1	17.33	1	39.05	2	34.12	
	<b>INTERMEDIATE MEN</b>	<b>500</b>		<b>800</b>		<b>1000</b>		<b>1500</b>	
	Provincial Record	42.58	1	9.90	1	28.30	2	18.50	
	National Record	40.60	1	4.80	1	22.70	2	10.21	
	Can Qualifying Time	46.28	1	13.87	1	34.27	2	28.43	
	N.A. Qualifying Time	45.47	1	12.57	1	32.62	2	25.83	
	<b>INTERMEDIATE WOMEN</b>	<b>500</b>		<b>800</b>		<b>1000</b>		<b>1500</b>	
	Provincial Record	49.67	1	19.79	1	40.99	2	47.74	
	National Record	45.30	1	16.46	1	34.59	2	25.57	
	Can Qualifying Time	51.64	1	27.16	1	47.83	2	45.94	
	N.A. Qualifying Time	50.74	1	25.63	1	45.94	2	43.04	
	<b>SENIOR MEN</b>	<b>500</b>		<b>800</b>		<b>1000</b>		<b>1500</b>	
	Provincial Record	43.40	1	11.10	1	28.60	2	20.60	
	National Record	41.09	1	6.50	1	21.86	2	10.73	
	Can Qualifying Time	46.84	1	15.81	1	33.32	2	29.03	
	N.A. Qualifying Time	46.02	1	14.48	1	31.68	2	26.41	
	<b>SENIOR WOMEN</b>	<b>500</b>		<b>800</b>		<b>1000</b>		<b>1500</b>	
	Provincial Record	45.68	1	19.60	1	32.42	2	23.79	
	National Record	44.00	1	12.13	1	30.50	2	26.41	
	Can Qualifying Time	50.16	1	22.22	1	43.17	2	46.90	
	N.A. Qualifying Time	49.28	1	20.78	1	41.36	2	43.97	

## ANNEX D

### TEAM SELECTION CRITERIA

#### FOR THE 2002-03 SEASON

### CHAMPIONSHIP TRAVEL CRITERIA

#### FOR THE 2001-02 SEASON

##### SECTION 1

###### PREAMBLE

These guidelines outline the purpose and the selection processes for OSSA's athlete development programme, the Provincial Training Squad (PTS), and the Development Squad Program (DSP). As well, the document provides the pertinent details relating to the selection processes for athletes attending Ranking events, National and North American Championship events, and Provincial Championships.

The Technical Committee is responsible for the management of the programs and selection processes. The Committee is also responsible for the establishment of and any revisions or exceptions to the applicable criteria and standards. Revisions to the standards and criteria will be announced in OSSA's Technical Bulletin. Exceptions will be announced by way of a memorandum to Club Presidents.

The following general principles will apply to the administration of each program:

- Double funding will not be provided to athletes for any event, i.e., and PTS members at a PTS funded event will not receive DSP funds for the same event.
- Appeals with respect to any selection process will be submitted to the President of the Association in writing.
- The Technical Committee, unless otherwise noted, will break all ties.

[TOP](#)

##### SECTION 2

###### PROVINCIAL TRAINING SQUAD

###### A. PURPOSE:

To assist those eligible athletes who are closest to obtaining a Sport Canada card and who also display potential of qualifying for a National team position within three (3) years.

###### A. SCOPE:

The Provincial Training Squad (PTS) is an OSSA program whereby selected athletes receive assistance, in return for a commitment to maintain a defined training and competitive regime capable of leading them to a National team position. The specific program requirements are announced annually to the athletes selected at the time an offer, to participate within the program, is made.

A minimum of five (5) Long Track and five (5) Short Track athletes will be named to the PTS. The Technical Committee may, depending on the availability of funds, name additional athletes to the program.

###### C. SELECTION:

- All Sport Canada cardholders will be removed from the National Ranking lists leaving uncarded athletes with an absolute rank that indicates clearly which athletes are nearest to becoming carded by Sport Canada.
- The Short Track and Long Track National Ranking Lists will be merged using the best ranking on these lists for Ontario athletes.
- Those Ontario athletes nearest the top of the list in each discipline will be named to the PTS.

- If this process does not name five (5) Long Track and five (5) Short Track athletes to the PTS, the following method will be used to fill the remaining positions:

## 1. LONG TRACK

The athletes best Olympic Style performances skated at an OSSA, Speed Skating Canada (SSC) or other Provincially sanctioned event (not in Calgary) will be used to compute a sprint or all-round sammelagt point total which will be divided by the Canadian Senior record of the appropriate sex to arrive at a percentage to two (2) decimal points, i.e., 109.11. The calculation will not be rounded. Athletes with the lowest percentage will be offered a position on the Long Track PTS in order of ranking.

## 2. SHORT TRACK

The athletes best 777M pursuit time on the 111.12M oval from any sanctioned event will be divided by the fastest such time skated by the respective sex at a National ranking event during the previous year to arrive at a percentage to two (2) decimal points, i.e., 109.11. The calculation will not be rounded. Athletes achieving the lowest percentage will be offered a position on the Short Track PTS in order of ranking.

- Ties will be broken based upon a subjective assessment of the athlete's potential to achieve a Sport Canada card or a National Team position first.
- Athletes are required to compete in the discipline for which they were selected, at a training level that is comparable to the National team, and with a clear indication that the training is targeted for a National team position in that discipline.
- An athlete who decides to resign, retire, leave or does not complete the requirements of the program or who is suspended from the PTS program will be ineligible for the PTS program for the next season.
- An athlete who is offered a Sport Canada card and/or National team position and who chooses to decline it, consequently, will be ineligible for the PTS program.
- An athlete who qualifies for both the Short Track and Long Track PTS will be required to select one. The athlete will not be eligible to receive the benefits of both programs. An athlete who qualifies for both again in the future will be offered only the discipline for which the athlete was selected previously. The athlete may appeal to the Technical Committee in writing to switch disciplines. Such documentation shall include the reasons why the athlete wishes to make the switch.
- Team members living full time at National Training Centres are exempt from attending mandatory Provincial and Quebec Cup Division 1 events while living in Calgary. If a team member is in the Province during a Provincial or Quebec Cup event they are required to attend the event provided they meet the applicable selection standards.

## SECTION 3

### CANADA WINTER GAMES DEVELOPMENT SQUAD PROGRAM

#### A. PURPOSE:

To assist selected eligible athletes in such a manner as to maximise their potential performance at the next Canada Winter Games (CWG) and to provide a program that will lead athletes to the Provincial Training Squad.

#### A. SCOPE:

The CWG Development Squad Program (DSP) will be comprised of a number of athletes eligible to participate in the next Canada Winter Games plus eligible PTS members. In special circumstances athletes who are too old for the CWG may be named to the DSP based on their potential to make the PTS within two (2) years and a National Team within four (4) years. This athlete must be within the top half of those eligible for the DSP to be considered.

Eligibility for the DSP should include athletes of Intermediate age and below and who are eligible for the next CWG.

The DSP will consist of the provision of training and competitive development opportunities determined in the annual plan. Such opportunities may be delivered through the OSSA's Regional Training Centres or through other arrangements that the Technical Committee determines. The DSP involves as well the provision of coaching and/or

funding assistance to designated athletes for clinics, competitions and training camps alone or in combination.

The content of the program will be set annually by the Technical Committee and may vary depending on the availability of funds and the lead-time until the Games.

- The CWG DS will normally consist of a maximum of twenty (20) athletes of which there must include a minimum of three (3) female and three (3) male long track athletes, and a minimum of five (5) female and five (5) male short track athletes.
- In order to ensure that the Long Track Olympic style discipline will be accommodated in an appropriate manner, the top 3 male and 3 female athletes will be included as part of the CWG DS utilising the selection process outlined below.
- The Technical Committee, depending on the availability of funds, may name additional athletes to the Program.

#### **A. SELECTION:**

The CWG DS ranking list will be established in the following manner:

1. In the first instance, all eligible athletes will be ranked using their best 500M short track time skated on 111.12M oval at a sanctioned short track event divided by the fastest respective Canadian record for the appropriate sex. The results of pursuit races are not eligible. The resulting percentage will be used to rank the athletes.

In order to assure that the appropriate number of Long Track Olympic style athletes are included in the CWG DS list, the following process will be followed:

#### **1. LONG TRACK**

- i. Athletes will be ranked based upon their all round sammelagt points (500M, 1500M, 3000 M and 5000M for men and 500M, 1000M, 1500 M and 3000M for women). The best times for each distance will be used to calculate the sammelagt. Only times from sanctioned events skated on an outdoor oval will be used.
- ii. If the top 6 long track Olympic style athletes (3 male and 3 female) ranked in accordance with the process noted in paragraph 2(i) are not already included on the list within the top 20 as determined in accordance with C1 above, they will replace the athletes listed as 20<sup>th</sup>, 19<sup>th</sup>, 18<sup>th</sup> etc. on the list..
- iii. CWG Development Squad members must attend the Canadian and North American Championships if they qualify. Exceptions will be granted automatically for Intermediate and Senior Development Squad members for Long Track Mass Start Championships
- iv. Athletes who resign, retire, leave, or do not complete the requirements of the program, or who are suspended from the DSP are ineligible for membership on either CWG DS or PTS and as such are ineligible to benefit in any way from the DSP and PTS programs for the next season.

### **SECTION 4**

#### **CHAMPIONSHIP SELECTION**

##### **PREAMBLE**

OSSA will fund the travel and accommodation expenses of the support personnel accompanying the team. Support personnel include coaches and or team managers designated by OSSA.

#### **LONG TRACK**

##### **CANADIAN SINGLE DISTANCE CHAMPIONSHIPS**

To qualify to be entered by OSSA the athlete must have skated in at least one (1) distance within 105% of the time standard set by the SSC High Performance Committee for selection to the National Racing Team. The standards are normally published each fall in the SSC's High Performance Bulletin.

The qualifying times must be skated at a sanctioned event or in a certified time trial.

##### **CANADA CUP COMPETITIONS**

To qualify to be entered by OSSA the athlete must have skated in one distance, a standard equal to the slowest 22nd place time at the previous year's event.

Separate times will be kept for events skated at the Calgary Olympic Oval.

Junior athletes may qualify as above or be within 112% of a Junior cumulative sammelagt point total calculated using the Canadian record times.

The qualifying times must be skated at a sanctioned event.

## **JUNIOR CANADIAN LONG TRACK CHAMPIONSHIPS**

### **Mass Start**

To qualify to be entered by OSSA, the athlete must have skated in at least two (2) distances, within 114% of the applicable Canadian Age Class Record (other than records established at Calgary) AND,

finish in the top four (4) overall positions at the Ontario Long Track Mass Start Championships in his/her respective age category, OR,

finish in the top six (6) overall positions at the Ontario Long Track Mass Start Championships provided that all six (6) athletes are within 5% of the applicable Canadian Age Class Record in two (2) distances OR,

in the case where the top four (4) athletes at the Provincial Championships have not skated times within the 114% time standard, a athlete outside the top four (4) who raced at the Provincial Championships and has skated times within the time standard will qualify to be entered. These athletes will be ranked by their best two (2) distance average percentages and only the top four (4) are eligible to be entered.

The qualifying times must be skated at a sanctioned event excluding events held at the Calgary Oval.

**In order to be eligible to be named to the Team representing Ontario at the Canadian Championships, it will be necessary to have competed in a mass start long track event other than the Provincial Championships.**

### **Olympic Style**

To qualify to be entered by OSSA the athlete must have skated in at least two (2) distances within 114% of the Canadian Junior ISU Record.

There are no limitations to the number of athletes per province that can enter into this event.

The qualifying times must be skated at a sanctioned event excluding events held at the Calgary Oval.

## **NORTH AMERICAN LONG TRACK CHAMPIONSHIPS**

### **Competition Within Ontario**

To qualify to be entered by OSSA the athlete must have skated at the Provincial Long Track Championships and finished in the top six (6) overall positions at the Ontario Long Track Mass Start Championships

### **Competition Outside Ontario**

To qualify to be entered by OSSA athlete must have skated in at least two (2) distances within 112% of the applicable Canadian Age Class Record (other than Calgary) AND,

finish in the top four (4) overall positions at the Ontario Long Track Mass Start Championships OR,

in the case where the top four (4) athletes at the Provincial Championships have not skated times within the 112% time standard, a athlete outside the top four (4) who raced at the Provincial Championships and has skated times within the time standard will be eligible for entry into the event. These athletes will be ranked by their best two (2) distance average percentages and only the top four (4) are eligible to be entered.

The qualifying times must be skated at a sanctioned event except for events in the Calgary Oval. If the event is held after the Canadian Long Track Mass Start Championships, an athlete earning a medal in any distance at the Canadian Long Track Mass Start Championships will also qualify for this event.

## **SHORT TRACK**

### **RANKING EVENTS & NATIONAL TEAM TRIALS**

To qualify to be entered by OSSA the athlete must have skated a 777M pursuit on the 111m oval equal to or faster than the slowest twenty-second (22nd) position skated at the Short Track Ranking events in the previous year.

The qualifying times must be skated during the same season as the ranking event.

The qualifying times must be skated at a sanctioned event.

### **CANADIAN SHORT TRACK AGE CLASS CHAMPIONSHIPS**

To qualify to be entered by OSSA the athlete must have skated, in at least two (2) distances, within 112% of the applicable Canadian Age Class Record, AND,

finish in the top four (4) overall positions at the Ontario Short Track Championships in their respective age category.

Exceptions concerning age categories apply to Intermediate and Senior categories where the results of the Open Class will be tabulated to determine the criteria.

In the case where the top four (4) athletes at the Provincial Championships have not skated times within the 112% time standard, a athlete outside the top four (4) who raced at the Provincial Championships and has skated times within the time standard will be eligible for the Championship Event. These athletes will be ranked by their best two (2) distance average percentages and only the top four (4) are eligible to be entered.

\*\*Senior Age Class competitors must have attended both short track ranking events in order to be eligible for this event.

## NORTH AMERICAN SHORT TRACK AGE CLASS CHAMPIONSHIPS

### Competitions Within Ontario

To qualify to be entered by OSSA the athlete must have finished in the top four (4) overall positions at the Ontario Short Track Championships OR,

in the case where the top four (4) athletes at the Provincial Championships have not skated times within the 112% time standard, a athlete outside the top four (4) who raced at the Provincial Championships and has skated times within the time standard will be eligible for entry into the Championship event. These athletes will be ranked by their best two (2) distance average percentages and only the top four (4) are eligible for entry into the event.

Should the event organisers allow additional entries per province, the qualifying times must be skated at a sanctioned event. The references to the "top four (4)" will be modified to match the limit imposed by the event organisers.

\*\*Senior Age Class competitors must have attended both short track ranking events in order to be eligible for entry into the event.

### Competition Outside Ontario

To qualify to be entered by OSSA the athlete must have skated in at least two (2) distances within 110% of the applicable Canadian Age Class Record, AND,

finish in the top four (4) overall positions at the Ontario Short Track Mass Start Championships OR,

in the case where the top four (4) athletes at the Provincial Championships have not skated times within the time standard, a athlete outside the top four (4) who raced at the Provincial Championships and has skated times within the time standard will be eligible to be entered. These athletes will be ranked by their best two (2) distance average percentages and only the top six (6) are eligible to be entered into the event.

If the event is held after the Canadian Short Track Mass Start Championships, an athlete earning a medal in any distance at the Canadian Long Track Mass Start Championships will also qualify for this event.

The qualifying times must be skated at a sanctioned event.

Should the event organisers allow additional entries per province the references to the "top four (4)" will be modified to match the limit imposed by the event organisers.

\*\*Senior Age Class competitors must have attended both short track ranking events in order to be eligible to be entered.

## ONTARIO PROVINCIAL SHORT TRACK CHAMPIONSHIPS

In order to be eligible for participation in the Provincial Short Track Championships, athletes in the eligible age classes Pee wee to Senior A must have participated in at least two (2) Provincial Stream (Ontario Cup) Age class competitions in the current season.

Athletes may count participation in a Can-Am or Quebec Cup competition as their second (2<sup>nd</sup>) event if, due to the timing of the events, they are unable to participate in a second Ontario Cup event

Athletes must meet also a time standard established for their age class. The standard will be announced in the OSSA Technical Bulletin.

## SECTION 5

### SELECTION NOTES

1. Pee Wees, Bantams, Novices and Senior "B" athletes are not eligible to receive Championship Travel Support for National, North American or Ranking Events as these categories are not recognised by the SSC as official categories for these events.
2. Masters Age Classes are not eligible to receive Championship Travel support for National, North American or Ranking Events.
3. If a Canada Cup or other National Ranking event is held in conjunction with a National Championship either selection criteria will apply to the athletes who are eligible to compete in both events.

4. Only athletes selected by OSSA that the Technical Committee deems to have met the selection criteria will be entered into any national ranking event, national championship or North American Championship.
5. If a selected athlete, for any reason, is unable to attend the competition, the athlete placing next at the Provincial Championship concerned will be offered that position provided the established selection criteria has been met.
6. Athletes who are unable to compete in the Provincial Championships may be considered for selection if they otherwise meet qualifying requirements.

In cases where such consideration is likely to prevent one (1) of the top four (4) finishers at the Provincial Championship from qualifying, authorisation to consider the athlete must be received from the Technical Committee prior to the applicable Provincial Championship. If the athlete is eventually selected and illness or injury caused the special handling, that athlete's coach must produce a certificate from a qualified physician, five (5) days before the event for which the athlete has been selected, asserting that the athlete at that time is ready and fit to compete at or close to 100% of his/her ability.

7. The Technical Committee reserves the right to add or delete athletes to teams or programs due to extenuating circumstances.

## SECTION 6

### DEFINITIONS

#### Certified Time Trial

A Certified Time Trial is a Time Trial skated at a non-sanctioned event, recorded by at least two (2) watches and certified accurate by the club's Head Coach. Time Trials must be skated on an approved track and started by a qualified starter. Normal racing rules will apply.

#### Sanctioned Event

A Sanctioned Event is a competition sanctioned by the CASSA, the OSSA or an equivalent provincial sport governing body, conducted in accordance with generally accepted rules for the sport.

#### Eligible Athlete

An eligible athlete is an athlete properly registered and in good standing with the Association and is also a member in good standing with the CASSA. The athlete must be registered as a Competitive Level 1 athlete with the CASSA. The athlete must be in the age categories including Midget to Senior A.

## ANNEX E

### CAN-AM SHORT TRACK CIRCUIT

#### SSC and ISU rules for races and safety.

- The Short Track Can-Am Cup is exclusively for skaters in the Intermediate and Senior categories according to the SSC rules who have met the time standards.

1. These standards will be established from the 1000M Intermediate. Canadian records. The standard will be 112% of the Canadian records:

For the current season the standards are as follows:

<b>Ladies:</b>	<b>1:50.80</b>	<b>Men</b>	<b>1:42.24</b>
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1. Also invited, will be the first 5 juniors from each partner, if the skaters meet the standards.
1. The meet format: groups of 24 skaters.
  1. If groups of 24 are not possible, the skaters will be grouped as so a minimum of 12 skaters is required to form a group;
1. I.e.- In an 80 skater situation, the grouping will be as so: Groups 1 and 2 will be 24 skaters; Groups 3 and 4 will be 16 skaters.

2. I.e.- In an 84 skater situation, the grouping will be as so: Groups 1,2 and 3 will be 24 skaters; Group 4 will be 12 skaters.

1. There will be a new pointing system.

1. For the Saratoga, USA meet, the pointing system will be the following: Based on the cumulative ranking for each distance, 4000 pts will go to the first position, 3600 pts to the second, 3240 pts to the third, etc.

● Seeding:

1. For the first meet, there will be a 666M pursuit. The first 24 positions will be part of Group 1, the next 24 Group 2, etc.

1. The Can-AM Cup pointing system will be used for the other meets.

2. Those who did not participate to the first meet will be included in the groups, based on their cumulative performance in past meets. (500m and 1000m.)

3. For a skater to be included in a Group, he should have had a better performance than the 13<sup>th</sup> position of that Group.

I.e. - If the performance of the 13<sup>th</sup> skater in Group 2 is 184.15 sec. (500m. + 1000m.), the new skater should have a better performance than 184.15 sec. If not, he will be part of Group 3.

1. National team members will always be part of Group 1, unless they participated in the first meet and did not qualify for that Group.

2. The first 5 skaters of each Group will be upgraded to a higher Group for the next meet.

3. The last 5 skaters of each Group will be downgraded to a lower Group for the next meet.

4. In the event of one or many new skaters in a Group, there will be a new seeding as so:

I.e. - In the case where 2 skaters are included in Group 2 (according to the cumulative performance);

- the first 5 skaters of Group 2 are upgraded to Group 1 ;

- the last 7 skaters of Group 2 are downgraded to Group 3 ;

- the first 5 skaters of Group 3 are upgraded to Group 2 ;

- the last 7 skaters of Group 3 are downgraded to Group 4.

● The winners

1. The skater with the highest total of points in each category will be declared the Can-Am Cup champion for that season. The total of points will be the sum of the three best meets **for** each skater.

2. The first three skaters in each category will be awarded a Can-Am Cup, sponsored by the four partners of the Cup.

● The coaches should be class 2 certified with a partially succeeded class 3.

● The chief referee and starter should be class 3 certified or higher.

● Electronic timing system is mandatory.

● Entry fees are \$45.00, Canadian per skater and non-refundable unless medical proof is provided.

● The closing date for entries is 10 days before the meet.

## SCHEDULE II

### COMPETITION REGULATIONS AMENDED SECTIONS:

#### **B7.03**

- a. At Short Track Age and Long Track Mass Start Age Class competitions there will be
  - a) an OPEN CLASS category for Intermediate and Senior A athletes. At these meets, the Intermediate and Senior A divisions will be eliminated. Junior age skaters will also be allowed to skate OPEN CLASS at Short Track Competitions other than Provincial Championships where the Meet Coordinator has the option to group Intermediate and Senior A athletes in an Open A division dependent on the number of athletes in the category (if less than 4 either category they must be combined)
  - b. At Short Track Age Mass Start Age Class competitions other than Provincial Championships there will be an OPEN B CLASS for Senior B, Master 1 and Masters 2 skaters, and these categories will not be held separately

**B7.06**

- a. The Provincial Short Track Age Class Championships shall be restricted to the Peewee, Bantam, Midget Juvenile, Junior, and Intermediate and Senior A categories.
- b. The Provincial Short Track Age Class Championships will be restricted to skaters that meet a time standard for their age category.

**B8.02**

Before the competition, inquiries regarding the competition format or special activity structures of a technical nature are to be directed to the Meet Coordinator the inquiry if required will be directed by the meet coordinator to the Chairperson of the Technical Committee

**LONGTRACK**

**B8.08**

At Long Track OSSA sanctioned competitions that comprise both Olympic and Mass Start components, the Meet Co-ordinator has the discretion to determine the order of events subject to the order remaining the same on both days.

**SHORT TRACK**

**B8.09**

All OSSA sanctioned two-day short track competitions must include relays, and all such Age Class competitions held before the last SSC short track open ranking meet of each year must also include pursuits in the distance currently used by SSC at short track ranking competitions.

**Article B8.10**

The order of races for all OSSA-sanctioned 2-day short track Age Class events will be as follows:

- a) Pursuits: Only skaters entered in OPEN A class may skate the pursuit, and the results of the pursuit will be used for seeding the first distance for this class.
- b) At the discretion of the meet co-ordinator, second longest distance –shortest distance – second shortest distance – Relays – longest distance OR second longest distance – second shortest distance – shortest distance – Relays – longest distance.
  - c. In order to ensure that sufficient time is available for relays, the last (longest) distance will be seeded directly to finals, based on the cumulative result after three distances

**Annex B4B: Racing Format Guidelinesfor Ability Competitions**

In order to receive and maintain an OSSA sanction, t

he following are the rules to which a club must adhere:

1. **Seeding of Entries:** Seeding is accomplished by the remittance of ranking times (skated at a previously sanctioned event, in the event of new skaters a Club Time Trial will be sufficient) submitted on entry form. .

## **Annex B5: All Points Racing Format for Age Class Competitions**

### **A. Definitions**

**Seeding of Entries:** Seeding is accomplished by the remittance of ranking times (skated at a previously sanctioned event, in the event of new skaters a Club Time Trial will be sufficient) submitted on entry form. The results of pursuits skated at the competition must be used for seeding the first distance for the OPEN "A" category.

## **TECHNICAL COMMITTEE**

**DENNIS DUGGAN – CHAIR**

**DAVID MORRISON**

**TODD LANDON**

(Coaching Development Committee Rep.)

**MIKE MURRAY**

**KRISTI COPELAND**

**DIANE HUFFMAN**

(Official's Development Committee Rep.)

**MAT GODSOE**

(Skater's Rep.)

*Any questions may be directed to Dennis Duggan, Vice-President, Technical Programs Administration and Chair of the Technical Committee at his e-mail address [dgdskating@home.com](mailto:dgdskating@home.com), or to the OSSA office.*