



— ONTARIO —
SPEED SKATING
— ASSOCIATION —

**TECHNICAL BULLETIN
#16 (REVISED)**

COMPETITION RULES

PROVINCIAL REGIONAL ABILITY CHAMPIONSHIPS

February 15, 2006

PURPOSE

This Bulletin provides information from the Technical Committee concerning requirements for conducting the ***PROVINCIAL REGIONAL ABILITY CHAMPIONSHIPS***.

Decision noted in previous Bulletins remain in effect except to the extent that they have been superseded in a later Bulletin.

The Bulletin is also posted on the OSSA's website at www.speedskatingontario.org.

COMPETITON RULES

➤ **PROVINCIAL REGIONAL ABILITY CHAMPIONSHIPS –(Ottawa)**

- 1.1 The Committee, at its February 15, 2006 meeting, revised Technical Bulletin #16 paragraph 1.2 as follows:
- 1.2 ***Skaters who have skated 2 Ontario Cup competitions and are otherwise eligible for the Provincial Short Track Championships are ineligible to skate in the Regional Ability Championships.***
- 1.3 As noted in TB #13, Masters champions will be awarded provincial championship medals with respect to their respective age class.
- 1.4 Also, as noted, Masters skaters may when skating together in a group with other Masters age classes at Ability competitions set records for their age class.
- 1.5 The Meet Coordinator and the Chief Recorder shall establish, to the extent possible, racing divisions of 16 skaters. In any case, the maximum size of a division shall be 16.
- 1.6 Racing rules and advancements will be, of course, in accordance with the SSC Procedures and Regulations and OSSA's Competition Regulations.
- 1.7 Two relays will be held , 3000M and 1500M, consisting of 4 teams each. The relays will be seeded in the normal manner with the 3000M relays being seeded from the fastest seeded group first. After the 3000M relay is seeded the meet coordinator will then seed the 1500M relay.

Questions may be directed to;

*Dennis Duggan, Vice-President,
 Technical Programs Administration &
 Chair of the Technical Committee at
 E-mail address: duggan.dennis@tbs-sct.gc.ca*