



BC Speed Skating and the Matsqui Blades Speed Skating Club invite you to

**BC Cup # 1 Open/WCC**  
**at the Abbotsford Rec. Centre,**  
34690 Old Yale Road, Abbotsford, BC.  
**November 14<sup>th</sup> & 15<sup>th</sup>, 2009**

**BC Cup # 1 Open/WCC will be held in accordance with the current British Columbia High Performance Program Competition format.**

- Sanction:** sanctioned by BCSSA and SSC.
- Liability:** In accordance with the Rules of the ISU, Speed Skating Canada and BC Speed Skating. The Matsqui Blades Speed Skating Club assumes no responsibility for, or liability with respect to, bodily or personal injury or loss of property or damage incurred in connection with the BC Cup # 1 Open/WCC. Each Member is solely responsible for providing insurance coverage thereto.
- Ice Surface:** **111m Oval (Olympic Size Ice surface)**
- Timing:** Manual
- Medical:** St. John Ambulance
- Required Equipment:** Speed Skating rules are in effect for this competition
- Transportation:** The Organizing Committee will not provide transportation during this event and each skater will be responsible for their own transportation.
- Meet Coordinator:** **Lorna Holbech** any questions should be directed to Lorna @ [lholbech@telus.net](mailto:lholbech@telus.net)
- Eligibility and format:** as per HPC Competitions Format Bulletin for 2009-2010 Midget to Master

**Division 1 & 2**

**Eligibility & Seeding**

- Minimum age is Junior ISU C as per ISU Rule 108
- Seeding will be determined by the skater's combined 500m and 1500m times(1/3) as per the SSC entry standards for selection events. Times submitted must be from the current or previous skating season and must be from same sex competitions with a minimum Provincial or SSC Sanction. For those skaters from out of province, documented times with protocol must be forwarded along with entry.
- Division 1 will be an open competition and will consist of up to 24 females (subject to minimum time standards being met). The Division may be opened up to skaters not meeting the minimum time standards in order to have a minimum of 16 skaters. This will be at the discretion of the HPC and Meet Coordinator.
  - To ensure a competitive field, the minimum female time standards in place for Division 1 are as follows: combined total is 103.12 seconds or 111% of the Canadian Junior ISU record. (i.e. 48.75 + 243.10 seconds 1500m time divide by 3)
- Division 2 will be an open competition and will consist of up to 24 males (subject to minimum time standards being met). The Division may be opened up to skaters not meeting the minimum time standards in order to have a minimum of 16 skaters. This will be at the discretion of the HPC and Meet Coordinator.
  - To ensure a competitive field, the minimum male time standards in place for Division 2 are as follows: combined total is 95.75 seconds or 111% of Canadian Junior ISU record (i.e.46.65 + 227.30 seconds 1500m time divide by 3)

### **Division 3 and down:**

- Midget, Juvenile, Junior, Intermediate, Senior, and Master Skaters skating less than 125% of the Canadian Record for his/her age class and gender in one distance.
- All times submitted must be from the current or previous season and from a competition with a minimum Provincial or SSC Sanction. All times will be taken from the Provincial Database as of the Registration deadline.
- Seed Times will be 500m.
- Midget skaters, moving up into their next age class (i.e. juvenile), may use their times and percentages from the previous year in the applicable age class distances that they are moving into, for the first year in their new age class only.
- All other skaters' percentages will be calculated by using the skater's personal best times against his/her current age class record.
- Skaters' placement in category will be determined by his/her times in the provincial database on the registration deadline of this meet.
- Divisions of 16 skaters or less (determined by skaters 500 times) will be established based on submitted seed times, to make the divisions competitive
- Senior skater with percentages over 120% will skate with the Master skaters

### **Relays**

- Regional Teams (TBA) – BC Skaters only
- The Relay Event will take place after the final distance is skated on Saturday
- Relay Teams will skate a 3000m Relay
- Relay Teams will be separated into Female and Male divisions by region
- Relay performance will be considered for Canada Games camp / IPS requirements

**Entry Fee:** \$50.00 + \$1.00 Officials Development Fund

**Deadline:** **Midnight Friday, November 6<sup>th</sup> 2009**

**Meet Entries:** List of registrants must be emailed to Lanyin Osborne by midnight, Friday, November 6<sup>th</sup> 2009. Registrars please use attached Excel spreadsheet to submit entries by e-mail.

**Meet Recorder:** E-mail [Lanyin@telus.net](mailto:Lanyin@telus.net)

**Registration:** Saturday, November 14<sup>th</sup>, 2009 at 6:30AM at Abbotsford Rec. Centre.  
**One Club Cheque** must accompany all meet entry forms together at registration; all fees are due prior to the skaters going on the ice.  
Clubs are responsible for registration fees for ALL scratches made after Tuesday evening 6:00PM

**COACHES ARE ASKED TO NOTIFY THE RECORDING ROOM, OF ALL LAST MINUTE SCRATCHES PRIOR TO THE COACHES MEETING SATURDAY MORNING.**

### **Official Hotel Accommodations for the Competition:**

When booking, please reference BC Cup 1. ***We recommend you book early.***

#### **Best Western Bakerview Inn**

1821 Sumas Way  
Abbotsford BC V2S 4L5  
Tel: 604-859-1341

**Room rate:** \$89.00+ taxes for room with 2 double beds

Amenities: microwave and fridge in all rooms. Kitchen units may be available upon request.

**Booking Deadline** Guaranteed if booked by October 24<sup>th</sup>.

#### **Alternative Hotel Super 8 Motel**

1881 Sumas Way, Abbotsford  
Tel: 604-853-1141 Direct Toll Free 1-800-663-9842

**TENTATIVE SCHEDULE:**

Saturday Nov. 14<sup>th</sup>

6:30 - 7:00      General Registration

7:00              Coaches Meeting

**6:50 - 7:45 AM      Warm Up:**

6:50 - 7:00      Div 1

7:00 - 7:10      Div 2

7:10 – 7:20      Master Men & Ladies

7:20 – 7:30      Div 3 & 4

7:30 – 7:40      Div 5 plus

7:45              Ice resurfacing

8:00              Racing

Sunday Nov. 15<sup>th</sup>

**6:50 - 7:45 AM      Warm Up:**

6:50 - 7:00      Div 1

7:00 - 7:10      Div 2

7:10 - 7:20      Master Men & Ladies

7:20 - 7:30      Div 3 & 4

7:20 - 7:30      Div 5 plus

7:45              Ice resurfacing

8:00              Racing



**BC Cup #1 Open/WCC  
MEET ENTRY FORM**

**DATE:** November 14<sup>th</sup> & 15<sup>th</sup>, 2009  
**LOCATION:** Abbotsford Rec. Centre, 34690 Old Yale Road, **Abbotsford**, BC  
**EVENT FEE:** \$50.00 + \$1.00 Official Development Support.  
**TRACK:** 111m OVAL  
**MEET TYPE:** BC Ranking  
**SANCTIONS:** BCSSA and SSC Applied For

<b>Club:</b>				<b>Branch:</b>	
<b>SKATER NAME:</b>				<b>Age as July 1<sup>st</sup>, 2009:</b>	<b>Birthday: __/__/__ DD/MM/YY</b>
<b>Age Category:</b>					
<b>SSC #:</b>		<b>Date of Seed Time</b>		<b>Location/Meet Of Seed Time</b>	<b>Male: ___ Female: ___</b>
<b>SEED TIMES: Div 1 or 2</b>	<b>1500 m</b>				<b>Emergency Contact Name:</b>
	<b>500 m</b>				
	<b>Combined 500m + 1500m x 1/3</b>				
<b>Div 3 +</b>	<b>500 m</b>				<b>Phone Number:</b>
<p>Verification by coach that submitted seed times are in accordance with the Competition announcement and the 2009-2010 BC Competition Bulletin.</p> <p align="right">_____ Coach signature</p>					

**WAIVER**

*By signing this entry form, I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against SSC and BCSSA and its member clubs and the Matsqui Blades Speed Skating Club, their agents, Officers or members, for any and all injuries suffered by me at said contest to be held November 14<sup>th</sup> and 15<sup>th</sup>, 2009 at the Abbotsford Rec. Centre.*

*This information is collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required to register you in the competition, and could be used to contact you regarding future competitions by the Matsqui Blades. Organization of competitions requires that names will appear on posted grouping lists and result printouts. Names results Video clips and photos may be published on boards, WebPages media and in newsletters. If you have questions about the collection of or use of this information, contact the event Coordinator.*

THIS \_\_\_\_\_ DAY OF \_\_\_\_\_, 2009.

**Skater's Signature:** \_\_\_\_\_ **Parent's Signature:** \_\_\_\_\_  
 (if skater is under legal age)

**ENTRY CLOSING DATE: midnight Friday, November 6<sup>th</sup> 2009**  
**ABSOLUTELY NO LATE REGISTRATIONS ACCEPTED.**